

D&S Diversified Technologies LLP

Headmaster LLP

# Tennessee Nurse Aide Candidate Handbook

Updated: March 28, 2025

Version 27

Effective March 28, 2025

The Tennessee Nurse Aide Registry Renewals, Demographic Updates, and Verification of Licensure is now at <a href="https://tn.tmutest.com">https://tn.tmutest.com</a> The Remotely Proctored Knowledge Exam Option section has been updated.



# **Contact Information**

Questions regarding: testing process • tes	t scheduling • eligibility to	test: <b>(877) 201-0758</b>		
Questions regarding: renewals • verifications out-of-state reciprocity				
Questions regarding: training program info	rmation:	(615) 837-5229		
Questions regarding: the Abuse Registry:		(615) 741-7582		
<b>D&amp;S Diversified Technologies, LLP –</b> <b>Headmaster, LLP</b> PO Box 418 Findlay, OH 45839	Monday through Friday 8:00AM — 8:00PM (ET) 7:00AM — 7:00PM (CT)	Phone #: (877) 201-0758 Fax #: (406) 442-3357		
Email: <u>tennessee@hdmaster.com</u> Website: <u>www.hdmaster.com</u> TMU©: <u>tn.tmutest.com</u>				
<b>Tennessee Nurse Aide Registry</b> Renew Online and Verification of Licensure: https://tn.tmutest.com Email: reciprocity@hdmaster.com				
<b>Tennessee Health Facilities Commission</b> 665 Mainstream Drive – 2 <sup>nd</sup> Floor Nashville, TN 37243 <i>Tennessee Health Facilities Commission Website:</i> https://www.tn.gov/content/tn/hfc.html <i>Abuse Registry</i>	Monday through Friday 8:00AM – 4:30PM (CT)	Phone #: (615) 532-5171 Fax #: (615) 248-3601		
https://internet.health.tn.gov/abuseregistry/defa ult.aspx				

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# Introduction

Congress adopted the Nursing Home Reform Act in 1987 as part of the Omnibus Budget Reconciliation Act (OBRA '87). This federal law was designed to improve the quality of care in long-term care facilities and establish training and evaluation standards for nursing assistants who work in such facilities. Each state is responsible for following the terms of this federal law.

As defined in the OBRA regulations, a nurse aide competency evaluation program provides specific standards for nurse aide-related knowledge and skills. A nurse aide competency evaluation program aims to ensure that candidates seeking to be nurse aides understand these standards and can competently and safely perform the job of an entry-level nurse aide.

This handbook describes the nurse aide competency examination process and is designed to help prepare candidates for testing. The nurse aide competency examination consists of two parts: a multiple-choice, knowledge/audio test and a skill test. Exam candidates must be registered, complete approved training, pass both parts of the exam, and meet all other requirements of the Tennessee Health Facilities Commission (HFC) to be identified as a state-tested nurse aide and listed on the Tennessee Nurse Aide Registry.

The Tennessee Health Facilities Commission has approved D&S Diversified Technologies-Headmaster LLP to provide tests and scoring services for Tennessee nurse aide testing. For questions not addressed in this handbook, please visit the Tennessee webpage at <u>www.hdmaster.com</u> or contact D&S Diversified Technologies (D&SDT-HEADMASTER) at (877) 201-0758. The information in this handbook will help you prepare for your examination.

General information regarding the Tennessee Nurse Aide program can be found on the HFC website at: <u>https://www.tn.gov/hfc.html</u>.

# Americans with Disabilities Act (ADA)

#### ADA Compliance

The Tennessee Health Facility Commission and D&SDT-HEADMASTER provide reasonable accommodations for candidates with disabilities or limitations that may affect their ability to perform the nurse aide competency examination. Accommodations are granted in accordance with the Americans with Disabilities Act (ADA).

If you have a qualified disability or limitation, you may request special accommodations for examination. D&SDT-HEADMASTER must approve accommodations in advance of the examination. Complete the <u>ADA Accommodation</u> <u>Request Application</u>, located on the Tennessee TMU© main page under 'APPLICATIONS,' to be reviewed for accommodation.

ADA Accommodation Request Applications submitted without the required supporting documentation of a diagnosed disability will not be reviewed until the required documentation is provided. D&SDT-HEADMASTER will email you if further documentation or information is required using the email address in your TMU© account.

**Please allow additional time for your request to be approved.** If you have questions regarding the ADA review process or specific required documentation, please call D&SDT-HEADMASTER at (877)201-0758.



# The Tennessee Nurse Aide Registry Requirements

The Tennessee Nurse Aide Registry (TNNAR) lists the names of all individuals who complete a state-approved training program and competency evaluation, as well as maintains a registry of all individuals who are found to have abused, neglected, or exploited elderly or vulnerable persons, or misappropriated their property.

A nurse aide candidate, upon successful completion of training, passing both the knowledge and skills portions of the competency exam, and meeting federal and/or state requirements, will be listed on the Tennessee Registry. A newly trained nurse aide candidate must successfully pass both the knowledge and skills exams within two (2) years of successfully completing a training program. Review the Nurse Aide Competency Exam section below to help prepare for the exam. Certification is good for two years.

**EFFECTIVE MARCH 28, 2025:** Information to determine the status of your Tennessee nurse aide certification may be found at the Tennessee TMU© Nurse Aide website at <u>tn.tmutest.com</u>.

Questions regarding the Tennessee Abuse Registry can be found at <u>https://internet.health.tn.gov/abuseregistry/default.aspx</u>. You may also contact the Tennessee Abuse Registry at (615) 741-7582.

#### **Registry Maintenance**

Once placed on the Tennessee Registry, it is your responsibility to keep your demographic information up to date so that renewal notifications and alerts can be delivered to you in a timely manner. You must renew electronically by signing in to your TMU© account at <u>tn.tmutest.com</u>. Use your Email or Username and Password to sign in. If you are new to the system or have forgotten your password, refer to the 'Forget my Password?' section in this handbook for instructions on resetting your password. If you need assistance signing in to your TMU© account, call D&SDT-HEADMASTER at (888) 401-0465. Renewal reminders are emailed to your TMU© account email address of record and/or texted to your SMS-capable phone, so it is important to keep your contact information up to date.

**Note:** *Renewal notifications and alerts are sent 60 days prior to* your certification expiration date via email and text message. No renewal certifications are sent via USPS mail. It is important to keep your TMU© demographic information up to date to ensure you receive your renewal notification.

You can check your registry status at any time, update your address and phone number, and check your eligibility expiration date from any Internet-capable device.

#### DEMOGRAPHIC UPDATES / CHANGES / CORRECTIONS

Registry name changes (such as marriage, divorce, etc.) must be verified with the appropriate documentation. Please complete the **DEMOGRAPHIC CHANGE/CORRECTION REQUEST FORM** and upload your name change documentation. The form is located under 'APPLICATIONS' on the Tennessee TMU© main web page (before you log in to your account), or you can click on this link: <u>https://tn.tmutest.com/apply/7</u>.

#### **Registry Renewals**

To maintain eligibility to work, you must renew your eligibility every 24 months. To be eligible to renew, you must have worked for pay as a nurse aide performing nursing or nursing-related services for at least eight (8) consecutive hours during the previous 24 months. Nurse aides with misconduct restrictions on the Registry are not eligible for renewal.



To renew, individuals must request employment from their employer through the Tennessee TMU© at <u>tn.tmutest.com</u>. Sign in to your TMU© account and record your work hours and the location where you were employed. An email verification link will be sent to the employer you choose from the list of employers. When the employer verifies your work experience, your eligibility will be extended an additional 24 months. For questions, please contact D&SDT-HEADMASTER at (888) 401-0465 or <u>reciprocity@hdmaster.com</u>.

Under federal regulations, a nurse aide becomes ineligible for employment if they do not perform at least 8 hours of nursing-related services for pay in a health care setting during a period of 24 consecutive months (volunteering and private care do not count).

#### Lapsed Certification

An individual can renew their lapsed certification at any time, provided they submit renewals for each time period worked to have an active certification. For example, if the certification expired in 2015 and it is now 2025, the individual would need to submit renewals for each 2-year period, showing 8 hours of paid work history.

If an individual does not have work history, they must retrain and retest.

#### **Out-of-State Reciprocity Process**

Candidates seeking out-of-state nurse aide registry placement must be in good standing on a nurse aide registry in a state that meets Tennessee's reciprocity requirements to be eligible for certification in Tennessee. Tennessee requires all individuals to complete a state-approved basic nurse aide training program consisting of at least 75 hours and successfully pass a standardized nurse aide competency evaluation, which includes both a knowledge examination and a skills demonstration, within one year of completing the training. An individual who originally trained and tested in Tennessee may retrieve specific information on their training site, date of completion, and competency test dates through their D&SDT-HEADMASTER TMU© account at tn.tmutest.com.

**NOTE FOR INDIVIDUALS CERTIFIED IN FLORIDA:** Individuals certified in Florida must complete an approved Tennessee Nurse Aide Training Program and pass the Tennessee Competency Evaluation Examination. (Train at an approved Tennessee nurse aide training program and pass the approved Tennessee nurse aide competency test.)

Complete the **TN Reciprocity Form 9110**, located on the Tennessee TMU© main page (<u>tn.tmutest.com</u>) under 'APPLICATIONS'. Attach the required identification documents (see below). Pay the non-refundable administrative assessment fee of \$25 for reciprocity verification and processing through the secure credit card processing portal.

Completing the application requires the following attachments:

- Image of your social security card
- Image of your valid, US government-issued photo identification (state driver's license, passport, or other signed, current photo identification).

Once your completed application, processing fee, and all required documentation have been received, D&SDT-HEADMASTER staff will determine if you are eligible to be added to the Tennessee Nurse Aide Registry. You must have a valid email address to receive your TMU© login username and temporary password. You may check your listing on the Tennessee Nurse Aide Registry at <u>tn.tmutest.com</u>. Any personal information entered into TMU© will only be used to determine whether you are eligible to work as a nurse aide in Tennessee. Failure to provide complete and accurate information during the reciprocity determination process may delay or even prevent you from being listed on the TNNAR.



# The Tennessee Nurse Aide Competency Exam

#### **Payment Information**

Exam Description	Price
Knowledge Exam or Retake (English or Spanish)	\$40
Audio Version of the Knowledge Exam or Retake (ENGLISH OR SPANISH)	\$40
Skill Exam or Retake	\$100

#### Complete your Account in TMU©

#### NURSING ASSISTANT TRAINING PROGRAM CANDIDATES

Your initial registration information (name, phone number, Email, and training start date) will be entered in D&SDT-Headmaster's Tennessee TestMaster Universe (TMU©) software. You will receive a verification form during your training to sign after reviewing the entered data.

- → Make sure your LEGAL FIRST AND LAST NAMES <u>exactly match</u> the FIRST and LAST names on your government-issued ID and social security card.
- $\rightarrow$  Verify your phone number and email are correct.

**IMPORTANT**: Before you can test, you must sign in to your TMU© account using your secure Email or Username and Password and complete the missing demographic information <u>prior to testing</u>. Failure to do so may result in you being turned away from testing. You will be a no-show status for your event and forfeit your testing fees.

- Upon receiving your confirmation email from TMU© (check your junk/spam mail) that your account has been created, you need to sign in to your account, update your password, and complete your demographic information, including making sure your LEGAL FIRST AND LAST NAMES <u>exactly match</u> the FIRST and LAST names on your government-issued ID and social security card. This must be done <u>before scheduling</u> a test event.
- By completing your account, you verify that you have never been convicted of abuse or neglect of a person in your care, theft from a person in your care, or child abuse. You are not currently under investigation for abuse or neglect of a person, theft from a person, or child abuse. If you have or are, then you need to contact your trainer and let them know before completing your account.

If you do not know your Email or Username and Password, enter your email address and click "Forgot Your Password?" You will be asked to re-enter your email, and a 'reset password link' will be sent to your email (see instructions under 'Forgot your Password and Recover your Account'). If you are unable to sign in for any reason, please contact D&SDT-HEADMASTER at (877) 201-0758.



Screen you will see the first time you sign in to your TMU© account with the **demographic information you need to** enter to complete your account:

TENNESSEE	loads 🛞 Profile				Sample
Home > Setup Account					
Setup Account					
( w	/e're Sorry, Your Acc	count Still Needs Some	Info		
l	Enter the below informatio	on to finish setting up your accoun	J		
FIRST *	MIDDLE	LAST *		SUFFIX	
Sample		Candidate			
SOCIAL SECURITY # *	BIRTHDATE *		PHONE *		
Encrypted for your safety . HEIGHT *	5V5 001 00 *		RACE *		
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MALE FEMALE OTHER				Enter the bl	lank * fields
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#### This is the Tennessee CNA TMU© main page **<u>tn.tmutest.com</u>**:

TMU TENNESSEE			Sign In
	How can we h	elp you today?	
Test Dates	Search Tennessee Registry	Read FAQ	Applications
FOR OBSERVERS & TEST SITES Manage test events, students, your own accor by logging in. Sign In	FOR INSTRUCTORS & TRA unt and more Create and edit records, r schedule your students.		FOR EMPLOYERS Sign in to verify records, manage your account and make changes. Sign In
TMU TENNESSEE			Sign In
	Si	gn In	
	USERNAME OR EMAIL		
	PASSWORD		
	REMEMBER ME	Sign In	

If you have forgotten or do not know your Password, follow the instructions in the next section **'Forgot Your Password and Recover your Account'** to Reset your Password and Recover your Account.

Forgot Your Password?



# Forgot your Password and Recover your Account

TIN	AU ESSEE				Sign In
		Si	gn In		
		USERNAME OR EMAIL			
		PASSWORD			Clickon
					Click on- Forgot Your Password?
		REMEMBER ME		Sign In	
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1	Type in your Email Addres	55			
	Click on – Recover Account				
			+ + ~ ~		
	An email with the reset Click on the reset link in				ord.
	-OR- If you have already the requested data under				rmation, you can type in
	Click on - Recover Accoun	t			
Г	•				
	TMU TENNESSEE				Sign In
	Recover Your Account				
	Using your Email Ad	ldress		1	Using other Information
	E-MAIL ADDRESS *			LAST 4 OF SSN *	
			OR		
		Recover Account		DATE OF BIRTH *	
		,			
				LAST NAME*	
				ZIP CODE *	
				LIP OODE	
					Recover Account

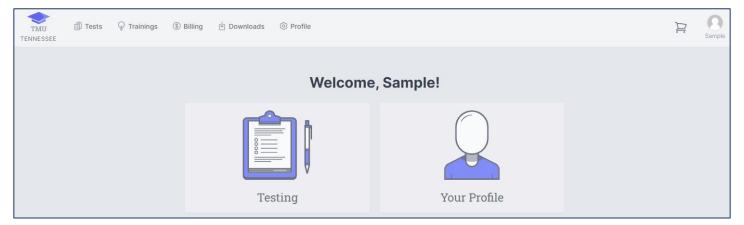


TMU NNESSEE		Sign
ecover Your Account		
		)
We have e-mailed your password reset link! Please allow a few minutes for	the email to be delivered	۱. J
Using your Email Address		Using other Information
e-Mail address *		LAST 4 OF SSN *
Recov	OR er Account	DATE OF BIRTH *
		LAST NAME *
		ZIP CODE *
		Recover Account

This is what the email will look like (check your junk/spam folder for the email):

	Reset Password Notification 🚥	Inbox x	
	TMU no-reply@tmutest.com <u>via</u> mg.tmuniverse.com io me ▼		
		тми	
	Click on- Reset Password	Hello! You are receiving this email because we received a password reset request for your account. Reset Password This password reset link will expire in 60 minutes.	
		If you did not request a password reset, no further action is required. Regards, TMU	
		If you're having trouble clicking the "Reset Password" button, copy and paste the URL below into your web browser: <u>https://tn.tmuteat.com/password/reset/1f6d9fa</u>	
		© 2022 TMU. All rights reserved.	
<b>Note:</b> If you do not reset your	F	Reset Your Password	
password right away, the link expires in 60 minutes and after that, you will need to request a new link.	E-MAIL ADDRESS sample@email.com PASSWORD CONFIRM PASSWORD		<i>Type in your</i> Password <i>and</i> Confirm Password, <i>then click on –</i> Reset Password
		Reset Password	





*This is the home screen you will see once you have reset your password:* 

#### Schedule a Tennessee Nurse Aide Exam

Once your completed account is in the D&SDT-HEADMASTER TestMaster Universe© (TMU©) database, you may schedule or reschedule your exam date online at the Tennessee TMU© webpage at <u>tn.tmutest.com</u> using your Email or Username and Password (instructions with screenshots below). If you are unable to sign in with your email or if you are unable to schedule or reschedule online, please call D&SDT-HEADMASTER at (877) 201-0758 for assistance.

#### SELF-PAY OF TESTING FEES IN TMU©

Testing fees must be paid before you can schedule a test date. Once your training program has completed your training record with completion hours and date, you will receive an email and text message that you are eligible to schedule a test date. Some training programs pre-pay testing fees for their graduating students. Your program or instructor will inform you if this is the case. Before scheduling a test, verify with your instructor if the training program has already prepaid for your test.

Securely processed Visa or MasterCard credit/debit card information is required when paying testing fees online.

<u>Special circumstances only</u>: You may also pay your testing fees by emailing <u>tennessee@hdmaster.com</u> and requesting a Tennessee Payment Form.

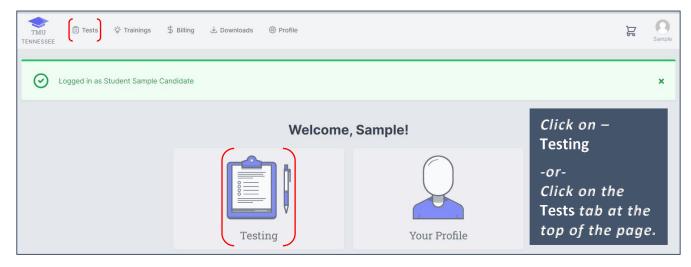
**NOTE:** Forms with missing information, payment, or signatures will not be processed and will be shredded. If a money order or cashier's check was sent with the form, the money order/cashier's check will be mailed back to the candidate.

Once we receive your payment form and process your payment, you will be notified via email and text message that you are eligible to schedule a test event. If you do not receive an email or text message within 5 days of submitting your payment form, please call D&SDT-HEADMASTER at (877)201-0758 to check the status. You must then sign in to your TMU© account (<u>tn.tmutest.com</u>) using your Email or Username and Password. Please see the instructions under 'Schedule/Reschedule a Test Date'.



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Trainings (È Billing È Downloads (È Pro AM rtified Nurse Aide owledge Not Eligible rtified Nurse Aide I Not Eligible	ofile REASON Payment Required Payment Required		on the Exam comp check in the Then	r Scheduling, click e box to the left of to select the test onent – a mark will appear box. click on- elected Items to Cart
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urse Aide Skill to your cart. urse Aide Knowledge to your cart.	ITEM TYPE	AMOUNT		You will get a message that the Knowledge and Skill tests have been added to your cart and the
mple Candidate Audio Test	Knowledge Skill	40.00 F		Knowledge and Skill Amounts
	Total:	(	edit Card	<i>click on-</i> Pay with Credit Card
DESCRIPTION Certified Nurse Aide for Sample Candidate Certified Nurse Aide for Sample Candidate Pr CARDHOLDER NAME EXP MONTH EXP YEAR	ay with a Card CARD NUMBER	COST 40.00 100.00 Total: \$140.00	Ent Car and Sub You rec	er the Credit ad information I then click on- o <b>mit Payment</b> I will receive a eipt of the insaction.
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Once your testing fees are paid, you can choose a test site and date. Follow the instructions in the next section to schedule or reschedule a test event.

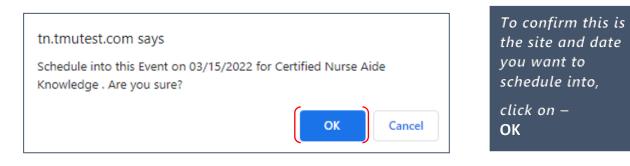


#### SCHEDULE / RESCHEDULE A TEST EVENT

To select a Knowledge Exam test site and date:

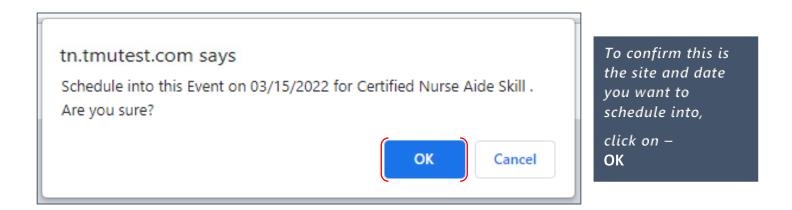
Home > Tests Your Tests Scheduling		All eligible test events will appear in this format.	
EXAM Certified Nurse Aide Knowledge Eligible	REASON	To select a test site and test date,	Schedule
Medication Aide Certified Knowledge Not Eligible Certified Nurse Aide Skill Eligible Medication Aide Certified Skill Not Eligible Testing History	Medication Aide Training Training Medication Aide Training Training	click on – <b>Schedule</b> to the right of the test date you want to schedule into.	Schedule
TENNESSEE Home > Tests > Find Event Find Event CERTIFIED NURSIN		ofile To select a KNOWLED exam test and test d	DGE Sample
TEST DATE	TEST SITE	click on - scheduling For Schedule	
<b>03/14/2022</b> 8:00 AH CST	REMOTELY PROCTORED KNOWLEDGE TESTING SITE (TS) REMOTE PROCTOR, TN	K Certified Nurse Alde	Schedule
03/15/2022	FRIENDSHIP VILLAGES SUNSET HILLS (TS)	K Certified Nurse Aide	





#### To select a Skills Exam test site and date:

Home > Tests > Find Event				
Find Event CERTIFIED NURS	To select a SKILLS exam			
			test site and	
TEST DATE	TEST SITE	SCHEDULING FOR	test date,	
<b>03/14/2022</b> 11:50 AM CST	ST. FRANCOIS MANOR (TS) MARYVILLE, TN	S Certified Nurse Aide	click on – Schedule	Schedule
<b>03/15/2022</b> 10:30 AM CST	ST. FRANCOIS MANOR (TS) Maryville, tn	S Certified Nurse Aide		Schedule
<b>03/15/2022</b> 9:00 AM CST	FRIENDSHIP VILLAGES SUNSET HILLS (TS) KNOXVILLE, TN	S Certified Nurse Aide		Schedule





Once you have selected a knowledge exam or skills exam test site and test date, you will see the screen below, confirming that you are scheduled (the example is for the skills exam; the knowledge exam will be the same, with the knowledge test site and date you have selected).

Home > Tests Your Tests (O Studer Scheduling EXAM	nt Student, Sample scheduled	I into Skill for Certified Nurse Aide.	This screen confirms you are scheduled for a test date to take your knowledge or skills exam. Your status shows Scheduled and a note at the top of your screen also shows you are scheduled.	×
Certified Nurse Knowledge Eligible	~		Click on- Test Confirmation Page to see	Schedule
Certified Nurse Skill Not Eligible	Aide	Already Scheduled	your test confirmation with important reminders for testing.	
Testing History				
TEST DATE	EXAM	TEST SITE	STATUS	
03/15/2022 9:00 AM CST	Certified Nurse Aide	FRIENDSHIP VILLAGES SUNSET HILLS (TS) KNOXVILLE, TN	Scheduled Cet N	flap Reschedule

#### **TEST CONFIRMATION LETTER**

Your test confirmation letter will provide important information regarding your scheduled test date, time, and address. It can be accessed at any time.

The body of the test confirmation letter will direct you to the Tennessee CNA Candidate Handbook, where you can find state-specific instructions on arrival times, ID requirements, dress code, and other relevant details.

**Note:** Failure to read the candidate handbook could result in a no-show status for your test event if you do not adhere to the testing policies, etc.

-continued on the next page-



#### It is important you read this letter!

Test Confirmation Letter						
	Scheduled Test Confirmation - Tennessee Certified Nurse Aide					
Test Date: Test Time: Test Exam: Test Site: SAMPLE CANDIDATE	03/13/2025 12:30 PM EST Knowledge - Certified Nurse Alde Practice set Site (TS) 1234 Practice Street Memphis, TN 5555					
123 Sunflower Lane Memphis, TN 44444 Start Time for this Test Site is in the Eastern timezone.						
<ul> <li>If you cannot access</li> <li>If you need further as</li> </ul> NURSE AIDE: Refer to the	<ul> <li>TESTING BEGINS AT 12:30 PM EST on 03/13/2025: ARRIVE AT LEAST 20 MINUTES EARLY TO CHECK IN</li> <li>If you cannot access your account, go to <u>https://tn.tmutest.com</u>. click 'Forgot Password', enter your Email, click 'Send Reset Password Link' and follow the directions. If you need further assistance, please call D&amp;SDT-Headmaster at 1.800.393.8664.</li> <li>NURSE AIDE: Refer to the Nurse Aide Competency Exam section of the Tennessee Nurse Aide Candidate Handbook for requirements for testing and what to expect on</li> </ul>					
your test day. Failure to do so may result in you being turned away from testing and forfeiting your testing fees. Review this specific information before your testing date. MEDICATION AIDE: Refer to the Medication Aide Competency Exam section of the Tennessee Medication Aide Candidate Handbook for requirements for testing and what to expect on your test day. Failure to do so may result in you being turned away from testing and forfeiting your testing fees. Review this specific information before your testing date.						
Click to open the Nurse Aide Candidate Handbook Click to open the Medication Aide Candidate Handbook						

Click on-**Print** to print your confirmation letter.

Click on-Get Map to get directions to the test site using Google Maps.

Please see the **'Remotely Proctored Knowledge Exam Option'** under the Knowledge/Audio Exam section if you want to take your knowledge exam with a remote proctor from your home, etc. If you have any questions regarding your test scheduling, call D&SDT-Headmaster at (877)201-0758, Monday through Friday, excluding Saturdays, Sundays, and holidays, 8:00AM to 8:00PM ET, or 7:00AM to 7:00PM CT.

**Note:** Candidates who self-schedule online or are scheduled by their training programs will receive their test confirmation at the time they are scheduled.

D&SDT-Headmaster **does not send** postal mail test confirmation letters to candidates.

#### Check/View your Notifications in TMU©

Remember to check your 'notifications' in your TMU© account for important notices regarding your selected test events and other information. See the screenshots that follow:

When you have 'notifications', they will appear when you click on your profile pic. The number represents the number of notifications you have to view.

*Click on-***Your Profile Pic** to open your profile and notifications.

*Click on-***Notifications** *to view all of your notifications.* 

-continued on the next page-



TMU Tests Q Training	LE	© Profile	Your Profile Notifications	₽ (MA)
	Testing	Your Certifications	Log Out	
Home > Inbox		Click on-		
Your Notifications	rk as Read 🛛 🗑 Send to Trash	VIEW to open each of you	ur notifications.	Clear All Notifications
TITLE	SENT	MESSAGE		
Scheduled Into Event	③ 2 weeks ago	You were scheduled into a Test Even	ıt	VIEW
Scheduled Into Event	③ 2 weeks ago	You were scheduled into a Test Even	ıt	VIEW
Test Event Available	③ 3 weeks ago	Click 'View' to see more info		VIEW
Scheduled Into Event	③ 6 years ago	You were scheduled into a Test Even	it	VIEW
Scheduled Into Event	ල 6 years ago	You were scheduled into a Test Even	it	VIEW

#### Notification example:

Home > Inbox > View Notification Scheduled Into Event ③ 2 weeks ago		
You have been scheduled for Skill Exam Certified Nurse Aide beginning 04/27/2023 8:00 AM PDT at Test Site ROGUE COMMUNITY COLLEC	€ - REDWOOD CAMPU	IS (TS)
← Back to All Messages	ଳି Send to Trash	🏳 Mark as Unread

#### Time Frame for Testing from Training Program Completion

You must schedule a test date **within two years of your training program completion date.** After two years, you must complete another approved training program to be eligible to schedule testing.

Many training programs host and pre-schedule in-facility test dates for their graduating students. Your program/instructor will inform you if this is the case. Before scheduling a test, verify with your instructor if the



training program has already scheduled and/or prepaid for your test. Regional test seats are open to all candidates. Regional test dates are posted on the Tennessee TMU© site.

If you have any questions regarding your test scheduling, call D&SDT-Headmaster at (877)201-0758 during regular business hours, 8:00AM to 8:00PM ET, or 7:00AM to 7:00PM CT, Monday through Friday, excluding Saturdays, Sundays and holidays.

#### Exam Check-In

You must arrive at your confirmed test site between 20 and 30 minutes before your exam starts.

- Testing **begins** promptly at the start time noted.
- You need to make sure you are at the event <u>at least 20 minutes before</u> the start time to allow time to get checked in with the RN Test Observer.
  - *For example*: if your test start time is 8:00AM, you must be at the test site for check-in **no later than** 7:40AM.

#### Note: If you arrive late, you will not be allowed to test.

If you are scheduled for a remotely proctored knowledge exam, please refer to the procedures and policies outlined under the 'Remotely Proctored Knowledge Exam Option' in the Knowledge/Audio Exam section.

#### **Testing Attire**

The required testing attire applies to both the knowledge and skills exams.

- You must be in full clinical attire, including clinical shoes.
  - No open-toed shoes (including flip-flops and sandals) are allowed.
  - Scrubs and shoes can be of any color or design.
- Smartwatches, fitness monitors, or any Bluetooth-connected devices are not allowed.
- Long hair must be pulled back.
- Fingernails must be short (no longer than ¼ inch in length), well-kept (filed, no jagged edges, and clean).

**Note:** You will not be admitted for testing if you are not wearing scrubs attire, the appropriate shoes, with long hair pulled back, and short, clean fingernails. You will be considered a no-show status. You will forfeit your testing fees and must pay for another exam date.

#### Identification

You must bring a US GOVERNMENT ISSUED, PHOTO-BEARING, \*SIGNED, NON-EXPIRED FORM OF IDENTIFICATION, and your ORIGINAL SOCIAL SECURITY CARD.

 $\rightarrow$  A letter from the Social Security office or a laminated Social Security card *will not be accepted*.

**Only original IDs and social security cards are accepted.** Photocopies, images, faxes, emails, screenshots, and electronic or digitally stored forms of identification (for example, Apple or Google Wallet, etc.) *will not be accepted*.



Examples of the forms of non-expired, US government-issued, \*signed, acceptable photo IDs are:

- State-issued Driver's License
- State-issued Identification Card
- Signed U.S. Passport (Foreign Passports and Passport Cards *are not* acceptable)
  - \* Exception: A signed foreign passport with a US VISA within the passport is acceptable (the VISA does not have a signature)
- Permanent Resident Card (Green Card or Alien Registration Card) / Employment-Work Authorization Card issued by the U.S. Citizenship and Immigration Services (USCIS)
  - \* Accepted without a signature or fingerprint IF ISSUED from January 30, 2023, to the present day. If issued before January 1, 2023, it may contain a fingerprint instead of a signature.
- U.S. Military Identification Card
  - \* Accepted without a signature or fingerprint but will have a bar code or may contain a fingerprint in place of a signature
- Concealed Hand Gun Carry Permit (that meets all identification requirements)

The **LEGAL FIRST** and **LAST names** listed on the ID and social security card presented to the RN Test Observer during check-in at your test event <u>MUST EXACTLY MATCH</u> the **FIRST** and **LAST** names that were entered in the Tennessee nurse aide TMU© database by your training program. See more information under 'Demographic Updates / Changes / Corrections'.

**Note:** If you need to apply for a new Social Security card, please do not schedule your test date until you have received your new card from the Social Security office.

→ If you have laminated your social security card, it is <u>NOT VALID</u> and will not be accepted as an acceptable form of ID.

You may call D&SDT-HEADMASTER at (877) 201-0758 to confirm that your name of record matches the one on your US government-issued ID and social security card, or sign in to your TMU© account to check or update your demographic information.

#### DEMOGRAPHIC UPDATES / CORRECTIONS / CHANGES

Name changes (such as marriage or divorce), date of birth changes, and social security number corrections must be verified with appropriate documentation. Please complete the **DEMOGRAPHIC CHANGE/CORRECTION REQUEST FORM** and upload your demographic change/correction documentation. The form is located under 'APPLICATIONS' on the Tennessee TMU© main web page (before logging in to your account), or you can click on this link: <u>https://tn.tmutest.com/apply/7</u>.

#### Note:

- You will not be admitted for testing if you do not bring proper and valid identification, as well as your original Social Security card.
  - Be sure your US government-issued identification has not expired and that your ID and original Social Security card (that you have not laminated) are signed.
  - Check to be positive that your **FIRST** and **LAST** printed names on your photo ID and original Social Security card **match your current name of record in TMU©.**
  - A driver's license or state-issued ID card with a hole punched in it is <u>NOT VALID</u> and will not be accepted as an acceptable form of ID.



 In cases where names do not match or your ID(s) are not proper or valid, you will be considered a no-show status, and you will forfeit your testing fees and have to pay for another exam date.

You will be required to present your photo ID when entering the knowledge test room and the skills lab for your skills exam. Please keep your ID with you during the entire exam day.

#### Instructions for the Knowledge Exam, Remotely Proctored Knowledge Exam, and Skill Test

Test instructions for the knowledge and skill exams will be provided in written format in the waiting area when you check in for your test. If you are taking a remotely proctored knowledge exam, the instructions can be found in your TMU© account under the 'Downloads' tab.

These instructions detail the process and what you can expect during your exams. Please read the instructions **before** entering the knowledge test room or skill demonstration lab. The instructions will be left in the waiting area during testing for you to refer to throughout your time at the test site. The RN Observer or Knowledge Test Proctor will ask questions about the instructions you read when entering the knowledge test room and skill test lab.

The Knowledge, Remotely Proctored Knowledge, and Skill Exam Instructions are available under the 'DOWNLOADS' tab in your TMU© account. For instructions, refer to the 'Access the Candidate Handbook and Testing Instructions' section of this handbook.

#### **Testing Policies**

The following policies are observed at each test site—

- Make sure you have signed in to your TMU© account at <u>tn.tmutest.com</u> well before your test date to update your password and verify your demographic information; make sure your LEGAL FIRST AND LAST NAMES <u>exactly match</u> the FIRST and LAST names on your government-issued ID and original social security card. Refer to this handbook's 'Complete Your Account in TMU©' section for instructions and information.
  - If you have not signed in, updated your password, and verified your demographics (including your first and last names) in your TMU© account when you arrive for your test, you may not be admitted to the exam, and any exam fees paid *will NOT be refunded*.
- Plan to be at the test site for up to four (4) to six (6) hours (if taking both components on-site) in the worst-case scenario.
- Testing begins promptly at the start time noted on your confirmation. If you arrive late for your confirmed exam (you need to be at the test site to check in *at least* 20 to 30 minutes before your scheduled start time if your test start time is 8:00AM, you need to be at the test site by 7:40AM at the latest), you will not be admitted to the exam. Any exam fees paid *will NOT be refunded*.
  - If you are scheduled for a remotely proctored knowledge exam, please refer to the procedures and policies outlined under the 'Remotely Proctored Knowledge Exam Option' in the Knowledge/Audio Exam section.
- If you do not bring a valid and appropriate US government-issued, non-expired, \*signed photo ID and original Social Security card, you will not be admitted to the exam, considered a No-Show, and any exam fees paid will NOT be refunded.
  - If the LEGAL FIRST and LAST printed names on your ID and original social security card do not <u>exactly</u> <u>match</u> your FIRST and LAST names in your TMU© account, you will not be admitted to the exam, considered a No-Show status, and any exam fees paid will NOT be refunded.



- If you do not wear full clinical attire and shoes with long hair pulled back and do not conform to all testing policies, you will not be admitted to the exam, considered a No-Show status, and any exam fees paid *will NOT be refunded*.
- If you do not show up for your exam day, or are considered a NO-SHOW STATUS (see details in this handbook's 'No-Show Status' section) for any reason, any test fees paid will NOT be refunded. You must repay your testing fees online in your TMU© account using your Email or Username and Password to schedule another exam date.
- If you refuse to show the RN Test Observer your required ID and social security card, you will not be allowed to test. You will be asked to leave the test site, which will result in a no-show status. Any exam fees paid will not *be refunded*.
- You may bring a basic standard watch with a second hand. Smartwatches are not allowed.
- <u>ELECTRONIC DEVICES AND PERSONAL ITEMS</u>: Cell phones, smartwatches, fitness monitors, electronic recording devices, Bluetooth-connected devices, and personal items (such as water bottles, purses, briefcases, large bags, study materials, extra books, or papers) are not permitted to be on or near you in either testing room. The testing team will inform you of the designated area to place your personal items and electronic devices, and you are to collect these items when you complete your test(s).
  - All electronic devices must be **turned off**.
    - → Smartwatches, fitness monitors, or Bluetooth-connected devices must be removed from your wrist or body and turned off.
  - You are not allowed to have coats or hooded apparel covering your head during testing in the testing rooms.
    - → The testing team will ask candidates with long hair to pull their hair back to ensure they are not using Bluetooth-connected devices.
- Anyone caught cheating or using any electronic recording device during testing will be removed from the testing room(s), have their test scored as a failed test, forfeit all testing fees, and will not be permitted to test for 6 months or without the approval of the Tennessee Health Facilities Commission (HFC).
- You may use personal devices in the waiting area during your free time.
- You are encouraged to bring a jacket, snack, drink, or study material during your free time in the waiting area.
- **TRANSLATION DICTIONARIES**: Foreign word-for-word translation dictionaries are allowed. Dictionaries with definitions or handwritten notes will not be allowed. You must show your published word-for-word translation dictionary to the test observer/proctor during check-in (on-site or remotely proctored) at your test event. Using language translators that are not pre-approved and electronic dictionaries <u>are not allowed</u>.
- You may not remove any notes or other materials from the testing room.
- You are not permitted to eat, drink, smoke, use e-cigarettes, or vape during the exam.
- You are not allowed to leave the testing room (knowledge test room, on-site or remotely proctored, or skills lab) once the exam has begun *for any reason*. If you do leave during your test event, you will not be allowed back into the testing room to finish your exam.
- If you are discovered causing a disturbance of any kind, engaging in any misconduct, visibly impaired, or trying to take any notes or testing materials from the testing room, you will be dismissed from the exam, your test will be scored as a failed attempt, you will forfeit all testing fees, and you will be reported to your training program and the Tennessee Health Facilities Commission (HFC).



- No visitors, guests, pets (including companion animals), or children are allowed.
  - Service animals with an approved ADA accommodation in place are allowed.
- You may not test if you are ill (sick). Call D&SDT-HEADMASTER at (877) 201-0758 immediately to reschedule (see the <u>note</u> below).
  - You may not test if you have any physical limitation (excluding pre-arranged ADAs) that would prevent you from performing your duties as a nurse aide. (Examples: cast, arm/leg braces, crutches, etc.). Call D&SDT-HEADMASTER at (877) 201-0758 immediately to reschedule if you are on doctor's orders (see the <u>note</u> below).

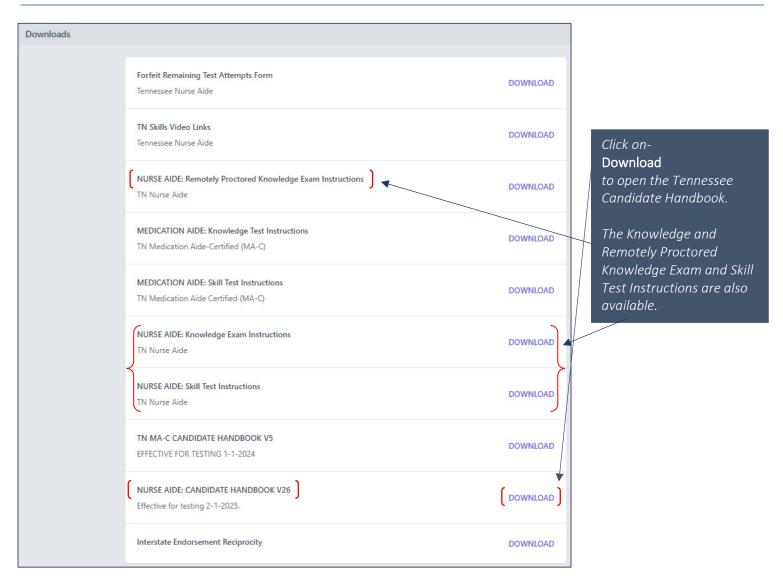
**NOTE:** Please refer to the 'Reschedule a Test Event' and 'No-Show Exceptions' sections of this handbook.

- $\rightarrow$  Reschedules will not be granted less than one (1) full business day before a scheduled test date.
- Test sites, RN Test Observers, Knowledge Test Proctors, and Actors are not responsible for candidates' personal belongings at the test site.
- Please refer to this Tennessee Candidate Handbook for testing and/or policy updates before your test day.
- The Candidate Handbook and Testing Instructions can also be accessed within your TMU© account under your 'Downloads' tab.

#### ACCESS THE CANDIDATE HANDBOOK AND TESTING INSTRUCTIONS

TMU 🖺 Tests 🔅 Traini TENNESSEE	ngs 💲 Billing 🕻 🛃 Downloads 🕽 🛞 Profile		Ä	<b>O</b> Sample
Logged in as Student Sa	mple Candidate			×
	Welcom	e, Sample!		
	Testing	Your Profile		





#### Security

If you are caught cheating, refuse to follow directions, use abusive language, are visibly impaired, or disrupt the examination environment, your test will be stopped and scored as a failed attempt. You will be dismissed from the testing room and forfeit any testing fees that have been paid. A report of your behavior will be submitted to the Tennessee Health Facilities Commission (HFC). You will not be allowed to retake the test for a minimum period of six months.

Anyone who removes or attempts to remove test material, takes notes, or obtains information from the test site will be reported to the Tennessee Health Facilities Commission (HFC) and is subject to prosecution to the fullest extent of the law. Your test will be scored as a failed attempt, and you will forfeit any testing fees that have been paid. You will be reported to your training program. You will not be allowed to retake the test for a minimum period of six months.

If you give or receive help from anyone during testing (which includes any form of cheating, the use of electronic recording devices such as cell phones or smartwatches, or browsing to other browsers or sites), your test will be stopped and scored as a failed attempt. You will be dismissed from the testing room and will forfeit any testing fees



paid. You will be reported to the Tennessee Health Facilities Commission (HFC) and your training program, and will not be permitted to retake the test for at least six (6) months.

#### **Reschedule a Test Event**

All candidates may reschedule for free online at <u>tn.tmutest.com</u> any time **up until one (1) full business day** before a scheduled test day, excluding Saturdays, Sundays, and holidays.

If you must reschedule your exam date, please do so as soon as possible. You may reschedule an exam date online by signing in to your TMU© account at <u>tn.tmutest.com</u>. (See instructions under 'Schedule/Reschedule a Test Event'.)

**Example:** If you are scheduled to take your exam on a Saturday, Sunday, or Monday, you would need to reschedule by the close of business (D&SDT-Headmaster is open until 8:00PM Eastern Time, 7:00PM Central Time, Monday through Friday, excluding Saturdays, Sundays, and holidays) the Thursday before your scheduled exam.

A scheduled test date is on a:	Reschedule the previous:
Monday	The previous Thursday (by 8:00PM Eastern time/7:00PM Central time)
Tuesday	The previous Friday (by 8:00PM Eastern time/7:00PM Central time)
Wednesday	The previous Monday (by 8:00PM Eastern time/7:00PM Central time)
Thursday	The previous Tuesday (by 8:00PM Eastern time/7:00PM Central time)
Friday	The previous Wednesday (by 8:00PM Eastern time/7:00PM Central time)
Saturday	The previous Thursday (by 8:00PM Eastern time/7:00PM Central time)
Sunday	The previous Thursday (by 8:00PM Eastern time/7:00PM Central time)

**Note:** Reschedules will not be granted less than one (1) full business day before a scheduled test date.

#### Refund of Testing Fees Paid

Requesting a refund of testing fees paid is different than rescheduling a test date. Requesting a refund means that you are not interested in taking the Tennessee nurse aide certification exam at all.

#### SCHEDULED IN A TEST EVENT

- If you are scheduled for a test event, you must request a refund of the testing fees paid by filling out and submitting the <u>Refund Request Form</u> on D&SDT- HEADMASTER's main webpage at <u>www.hdmaster.com</u> at least **one (1) full business day** before your scheduled test event (excluding Saturdays, Sundays and holidays). No phone calls will be accepted.
  - **Example:** If you are scheduled to take your exam on a Saturday, Sunday, or Monday, you would need to request a refund by the close of business (D&SDT-HEADMASTER is open until 7:00PM CT/ 8:00PM ET Monday through Friday, excluding holidays) the Thursday before your scheduled exam.
  - Facilities funded by HFC will be billed a \$35 refund fee for all candidates who request a refund at least one (1) full business day before a scheduled test date.
- Refund requests made in the required time frame qualify for a full refund of any testing fees paid minus a \$35 refund processing fee.



3) Refund requests must be made within thirty (30) days of paying testing fees with D&SDT. Requests for refunds made more than 30 days after the purchase date will not be issued.

#### NOT SCHEDULED IN A TEST EVENT

- 1) Refund requests must be made within thirty (30) days of paying testing fees with D&SDT. Requests for refunds made more than 30 days after the purchase date will not be issued.
- 2) To request a refund for testing fees paid, please fill out and submit the Refund Request Form on D&SDT-HEADMASTER's main webpage at <u>www.hdmaster.com</u>. No phone calls will be accepted.
- Refund requests made in the required time frame qualify for a full refund of any testing fees paid minus a \$35 refund processing fee.

#### **Unforeseen Circumstances Policy**

If an exam date is canceled due to an unforeseen circumstance, D&SDT-Headmaster staff will make every effort to contact you using the contact information (phone number/email) we have on file to reschedule you for a mutually agreed-upon new test date at no charge.

Therefore, you must keep your contact information up to date in case we need to contact you (\*see examples below for reasons we may not be able to contact you that you are responsible for.)

If D&SDT-Headmaster is unable to reach you via phone or email with the information in your TMU© account (\*see examples below) due to an unforeseen circumstance for a test event you are scheduled into, you will be taken out of the test event, and D&SDT-Headmaster will not reschedule you until we hear back from you.

**NOTE:** The \*<u>examples</u> listed below are your responsibility to check and/or keep updated.

- If D&SDT-Headmaster leaves you a message or emails you at the phone number or email in your TMUC account and:
  - you do not call us back in a timely manner
  - your phone number is disconnected/your voice mailbox is full
  - you do not check your messages in a timely manner
  - you do not check your email or reply to our email in a timely manner
  - your email is invalid, or you are unable to access your email for any reason

See more information under 'No-Show Exceptions'.

#### **No-Show Status**

If you are either a non-HFC-funded candidate <u>or an HFC-funded candidate</u> scheduled for an exam and you do not show up without notifying D&SDT-HEADMASTER at least one (1) full business day before your scheduled testing event, excluding Saturdays, Sundays, and holidays, OR if you are turned away for lack of proper identification, proper attire, or any other reason to deem you ineligible to test, you will be considered a NO-SHOW status. You will forfeit all fees paid and must submit a new testing fee to schedule a new test event.

 HFC-funded facilities are no longer billed a no-show fee per candidate. If your HFC-funded facility would like to pay your new testing fee so you can schedule an HFC-funded new test event, they may do so. They may contact D&SDT-Headmaster at (877) 201-0758 or <u>tennessee@hdmaster.com</u> if they have any questions.



These fees partially offset D&SDT-HEADMASTER cost incurred for services requested and resulting work that is performed. If a reschedule or refund request is not received before the one (1) full business day before a scheduled test event, excluding Saturdays, Sundays, and holidays (see examples under 'Reschedule a Test Event' and 'Refund of Testing Fees Paid'), a NO-SHOW status will exist. You will forfeit your testing fees and must repay the full test fee to secure a new event.

#### **NO-SHOW EXCEPTIONS**

Exceptions to the No-Show Status exist. If you are a no-show status for any test component for any of the following reasons, test fees will be refunded, or a free reschedule will be authorized to the remitter of record **with appropriate documentation provided within the required time frame.** 

When providing documentation for a no-show exception, it is your responsibility to contact D&SDT-Headmaster to confirm that any documentation faxed, emailed, or mailed has been received.

- <u>Car breakdown or accident</u>: D&SDT-HEADMASTER must be contacted within one business day via phone call, fax, or email, and a tow bill, police report, or other appropriate documentation showing your name and the service provider's name must be submitted within **three (3) business days** of the exam date. If we do not receive proof within three business days, you will be required to pay as though you were a no-show.
- <u>Weather or road condition-related issue</u>: D&SDT-HEADMASTER must be contacted within one business day via phone call, fax, or email, and a road report, weather report, or other appropriate documentation must be submitted within **three (3) business days** of the exam date. If we do not receive proof within three business days, you will be required to pay as though you were a no-show.
- <u>Medical emergency or illness</u>: D&SDT-HEADMASTER must be contacted within one business day via phone call, fax, or email, and a doctor's note showing your name and the provider's name (or on the provider's letterhead) must be submitted within **three (3) business days** of the missed exam date. If we do not receive proof within three business days, you will be required to pay as if you were a no-show.
- **Death in the family**: D&SDT-HEADMASTER must be contacted within one business day via phone call, fax, or email, and an obituary showing your name and the provider's name or a letter on your behalf from the funeral home for immediate family only be submitted within **seven (7) business days** from a missed exam date. If we do not receive proof within seven business days, you will be required to pay as if you were a no-show. (Immediate family includes parents, grandparents, great-grandparents, siblings, children, spouse, or significant other.)
- <u>Remotely proctored testing issues</u>: D&SDT-HEADMASTER must be contacted within one business day via phone call, fax, or email, and appropriate documentation showing your name and the provider's name must be submitted within **three (3) business days** of the exam date. If we do not receive proof within three business days, you will be required to pay as though you were a no-show.
  - **Internet outage or issue:** Documentation showing your name and the service provider's name from the Internet provider, including the outage date and times.
  - **Computer or cell phone issue:** If the computer or cell phone fails to work for any reason, provide documentation showing your name and the name of the service provider from a computer repair technician or shop, or other relevant documentation.



#### Candidate Feedback – Exit Survey

Candidates can complete an exit survey via a link when checking their test results in their TMU© account. The survey is confidential and will not have any bearing on the outcome of any test. You are encouraged to complete the survey questions with honest feedback regarding the examination process to help improve the testing process.

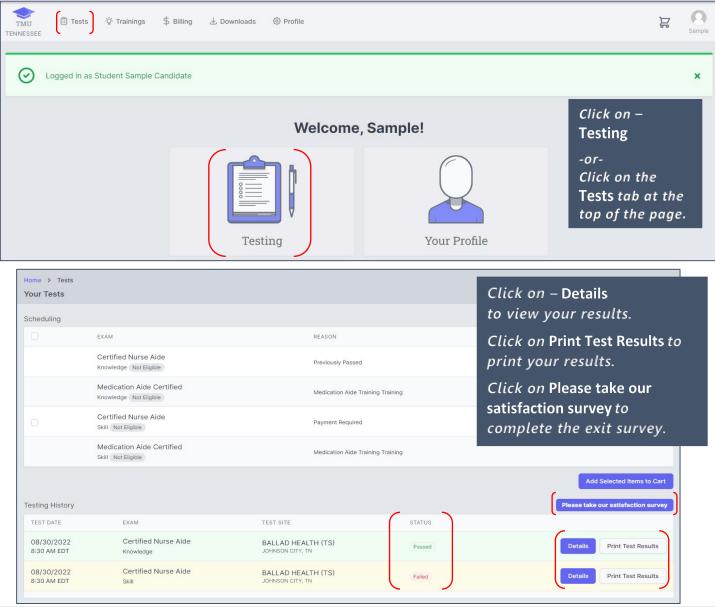
#### **Test Results**

After you have completed both the Knowledge Exam and Skill Test components of the competency exam, your test results will be officially scored and double-checked. Official test results will be available by signing in to your TMU<sup>®</sup> account after 8:00PM (ET)/7:00 (CT) the business day after your test event.

Note: D&SDT-HEADMASTER does not send postal mail test results letters.

Sign in to your TMU© account at <u>tn.tmutest.com</u> to view your test results.

#### ACCESS YOUR TEST RESULTS





Sample Tennessee Nurse Aide exam results report:

← Back			🗟 Print
	P.O. BOX 6609, H 800-393-8664 — FAX: 406-	MASTER, LLP ELENA, MT 59604-6609 -442-3357 WWW.HDMASTER.COM RSE AIDE EXAM RESULTS REPORT	
IMPORTANT TEST RESULTS TEST DATE: Tuesday, August 30, 2022 Dear You have <b>passed</b> the knowledge portion of the Ce Your overall knowledge test score is 86.67%. You have <b>failed</b> the skill portion of the Certified Nu <b>80%</b> or better on each skill task without missing an Any weaknesses indicated in your test results are I Knowledge Exam Results By Subject Area	urse Aide exam. ny <b>Key Steps</b> to pass the skills test.	Skill Exam Incomplete Steps	
Safety         Communication         Infection Control         Resident Rights         Data Collection         Basic Nursing Skills         Role / Responsibility         Disease Process         Mental Health         Personal Care         Care Impaired         Aging Process/Restorative Care	75% 80% 100% 100% 100% 67% 100% 86% 100% 50%	Range of Motion Hip & Knee Completes abduction and adduction of the Osopletes flexion and extension of the k Poriolides privacy for resident - pulls cu From the working side of the bed, gently From the working side of the bed - gentl Prysically checks to be sure resident is Places support devices under the residen Places support devices behind the residen Places support device between the residen Places support device between the residen Bedpan and Output with Hand Washing Leaves tissue within reach of resident. Scrubs/washes hands together for at leas	
Manual Skill Task(s) Failed: Positioning Resident in Bed on Sid	le Vocabulary words to study: privacy, HIV, diet, dentu	res, basic human needs, Maslow's, vital signs, ambulation, gait belt,	bath water temperature, dementia, diabetes mellitus

#### **Test Attempts**

You have **three (3) attempts** to pass the exam's knowledge and skill test portions within two (2) years from the date of nursing assistant training program completion. If you do not complete testing within two years of completing training, you must complete a new HFC-approved training program to become eligible to attempt Tennessee nurse aide examinations again.

#### **Tennessee Nurse Aide Registry Certification**

After successfully passing the nurse aide exam's Knowledge and Skill Test components, your test results will be sent electronically to the Tennessee Health Facilities Commission Nurse Aide Registry by D&SDT-Headmaster. You will be placed on the Tennessee Health Facilities Commission Nurse Aide Registry and issued a certificate. You should receive your certification card from the Tennessee Health Facilities Commission Nurse Aide Registry Aide Registry within 4-6 weeks after successfully passing both exam components.

#### Retaking the Nurse Aide Exam

In the event that your test results inform you that you failed the knowledge and/or skill portion of the examination, you will be provided with detailed test diagnostics in your test results. You will have to retake the portion you failed. When you want to apply for a retest, you must repay for the portion you failed before you can schedule an exam date.



You can schedule a test or re-test online by signing in to your TMU© account at **<u>tn.tmutest.com</u>**. (See screenshots under **'Schedule/Reschedule a Test Event'** for rescheduling instructions.)

You will need to pay with a Visa or Master Card credit/debit card before you can schedule.

If you need assistance scheduling your retest, please call D&SDT-HEADMASTER at (877) 201-0758 during regular business hours, 8:00AM to 8:00PM, Monday through Friday ET, or 7:00AM to 7:00PM CT, excluding Saturdays, Sundays, and holidays. We can assist you in scheduling a test or retest date, provided your fees have been paid first.

#### **Test Review Request**

You may request a review of your test results or dispute any other testing condition. The purpose of this review process is to ensure fairness and accuracy in the evaluation of your test.

**PLEASE READ BEFORE FILLING OUT THE TEST REVIEW REQUEST:** Please call D&SDT-HEADMASTER at (877) 201-0758 during regular business hours, 8:00AM to 8:00PM ET/7:00AM to 7:00PM CT, Monday through Friday, excluding holidays, to discuss the test outcome you are questioning before committing to paying the \$25 non-refundable test review request deposit. Once you have further details about the scoring of your test, you will often gain a better understanding of the scoring process and learn how to prepare more effectively for subsequent exam attempts. If, after discussing your concerns with D&SDT-HEADMASTER staff, you still have concerns about your testing process that affected the outcome of your exam, you may submit a Test Review Request.

There is a \$25 non-refundable test review deposit fee. To request a review, complete the <u>Test Review Request</u> and <u>Payment Application</u>, available on the Tennessee TMU© main page (before logging in to your account) at <u>tn.tmutest.com</u>. Test Review Requests must be received within three (3) business days from the official scoring of your test (excluding Saturdays, Sundays, and holidays). Late requests will be denied and will not be considered.

Since one qualification for certification as a nurse aide in Tennessee is demonstrated by passing an examination of minimum nurse aide knowledge and skills, the likely outcome of your review will determine who pays for any retests that may be granted. If, after investigation, the review finding is in your favor, you will be refunded the \$25 test review deposit. If the finding of the review is *not in your favor*, the \$25 test review deposit will remain, and the fee is non-refundable.

D&SDT-HEADMASTER will review your detailed recollection, knowledge test markings, and any skill task measurements you recorded during your test, as well as review the markings, notations, and measurements recorded by the RN Test Observer during your test. We will interview the RN Test Observer, Actor, or Knowledge Test Proctor about the facts detailed in your dispute documentation. D&SDT-HEADMASTER will re-check the scoring of your test and may contact you, the RN Test Observer, the Actor, and/or the Knowledge Test Proctor, as well as other candidates who were on-site at your test event, for any additional information about the test event.

After a candidate reaches the age of 18, D&SDT-HEADMASTER will only discuss test results or test disputes with the candidate. D&SDT-HEADMASTER will not review test results or disputes with instructors, training programs, family members, or anyone else on behalf of the candidate once the candidate reaches 18 years of age.

D&SDT-HEADMASTER will complete your review request within ten business days of receiving it within the required timeframe. The final determination of the review results will be sent to the email address listed in your TMU© account, along with a notification to HFC.

# The Knowledge/Audio Exam

#### Knowledge Exam Content

The Knowledge Test consists of **100** multiple-choice questions. Questions are selected from subject areas based on the HFC-approved Tennessee test plan and include questions from all the required categories as defined in OBRA regulations. The subject areas are as follows.

#### KNOWLEDGE EXAM SUBJECT AREAS

Subject Area	Number of Questions	Subject Area	Number of Questions
Aging Process / Restorative Care	6	Infection Control	8
Basic Nursing Skills	10	Mental Health	10
Care Impaired	6	Personal Care	9
Communication	8	Resident Rights	10
Data Collection	6	Role and Responsibility	10
Disease Process	7	Safety	10

#### Knowledge Exam Information

You will be required to present your ID again when you enter the knowledge test room and when you enter the skills lab for your skills exam. Please keep your ID with you during the entire exam day.

The Knowledge Test Proctor will hand out materials and give instructions for taking the Knowledge Exam. You will have a maximum of ninety (90) minutes to complete the **100-question, multiple-choice** knowledge exam. You will be told when fifteen (15) minutes remain. You may not ask questions about the content of the knowledge exam (such as "What does this question mean?").

#### You must have a 75% or better score to pass the knowledge portion of the exam.

**NOTE:** You will need your TMU© Username or Email and Password to sign in to your knowledge exam in your TMU© account. The Knowledge Test Proctor will provide you with a code at the test event to start your test.

Electronic testing using TMU© internet-connected computers is utilized at all sites in Tennessee. The knowledge test portion of your exam will be displayed on a computer screen for you to read and key/tap or click on your answers.

<u>Reminder</u>: You must know your Email or Username and Password to take the TMU© Knowledge Exam. Please see the information under **'Complete Your Account in TMU©'** to sign in to your TMU© account.



#### TRANSLATION DICTIONARIES OR DEVICES:

Foreign word-for-word translation dictionaries are allowed.

• Electronic dictionaries or non-approved language translators **are not allowed**. Dictionaries that contain definitions or handwritten notes **are not allowed**. You must show your published word-for-word translation dictionary to the test observer/proctor during sign-in at your on-site or remotely proctored test event.

#### SCRATCH PAPER AND BASIC CALCULATORS:

If needed, calculations may be done on scratch paper or with a basic calculator provided by the KTP.

All test materials, including scratch paper and calculator, must be left in the testing room. Anyone who takes or tries to take materials, notes, or information from the testing room is subject to prosecution and will be reported to their training program and the Tennessee Health Facilities Commission (HFC).

#### Audio Version of the Knowledge Exam

An audio (oral) version of the knowledge exam is available. However, you must request an Audio version of the knowledge exam before you submit your testing fee payment. There is no additional charge for an Audio version of the knowledge exam. To select the Audio version of the knowledge exam, follow the instructions with screenshots in **'Select an Audio version of the Knowledge Exam'**.

With the Audio version of the knowledge exam, the questions are read neutrally to you and can be heard through wired headphones or earbuds plugged into the computer. **(Bluetooth-connected devices are not allowed.)** When taking an Audio exam, the audio control buttons will be displayed on the computer screen, enabling you to play, rewind, or pause questions as needed.

#### <u>NOTE</u>: On the Audio version of the English and Spanish versions of the Knowledge Exam, only the first 87 questions will be read orally. The remaining questions must be answered without audio assistance to assess English reading comprehension.

#### SELECT AN AUDIO VERSION OF THE KNOWLEDGE EXAM

To select the Audio version of the knowledge exam, follow the instructions with screenshots below.

TMU TENNESSEE		<i>Click on –</i> Profile or Your Profile	<u>,</u>	Sample
	Welcome Testing	e, Sample!		

Under your PROFILE, check the **'Enable Audio Testing'** to receive an Audio version of the Knowledge Exam:

Profile Change this information to customize your account. Username * Used for logging in Email *	iexample IMA.EXAMPLE@GOOGLE.COM		Remember to check the <b>'Enable Audio</b> Testing' <mark>BEFORE YOU</mark> <u>SCHEDULE</u> your knowledge exam.
Change Password Leave the fields blank to keep it the same	NEW PASSWORD	CONFIRM NEW PASSWOR	Click on the box to the left of Enable
Date of Birth *Gender *	09/01/2001		Audio Testing to choose the Audio option of the
Phone	PHONE (555) 888-9999	ALTERNATE PHONE	knowledge exam. Then click Save
Notifications	UNLISTED from phone and mailing lists RECEIVE TEXT MESSAGE NOTIFICATIONS (requires valid phone is	number)	Changes at the bottom of the
Testing Preferences	enable audio testing		screen to save.
Address *	ADDRESS		
	* *		
Theme Choose which application theme you prefer	Default		Save Changes

#### Knowledge Exam Alternate Languages

The Knowledge/Audio Exam is available in English and the following HFC-approved alternate languages:

- ♦ Spanish
- ♦ Korean
- French

When you log in to take your knowledge exam, you can select English or an HFC-approved alternate language from a drop-down list. During the exam, you can switch back and forth between your preferred language and English.

**Note:** Only the first **87** questions will be printed in the HFC-approved alternate language. The remaining questions will be printed in English to assess English reading comprehension.

During the <u>audio version of the HFC-approved alternate language Knowledge Exam</u>, only the first **87** questions will be read orally. The remaining questions must be answered without audio assistance to assess English reading comprehension.



Please see the instructions below and on the next page for an example of how to toggle between English and Spanish.

The process will be the same for your HFC-approved alternate language. You will choose your alternate language from the drop-down list of HFC-approved alternate languages.

<b>Test Pending</b> You have a pending <b>Certifie</b>	Test Pending You have a pending Certified Nurse Aide test				
	Welcom	e, Sample!			
	Testing	Your Profile			

Continued on the next page.

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# Tennessee Nurse Aide Candidate Handbook

	e > Testing > Knowle	dge Test	Ti	me Remaining 01:29:45 Keyboard Shortcuts End Test		
#1. Question				Click on – English (the default) and then select Spanish for the Spanish		
Α.	leave the shirt	on, :		<i>version, or select</i> an alternate HFC-approved		
В.	Answer			language from the drop- down list.		
С.	O Answer			You can toggle back and forth between English and your alternate language.		
D.	O Answer					
English Spanish				NEXT $ ightarrow$ Bookmark This Question		
		Home > Testing > Knowledge Test Certified Nurse Aide -	Time Remainin	g 01:29:16 Kayboard Shorkuts End Test		
		#1. Pregunta				
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		<ul> <li>8. Respuesta</li> <li>C. Respuesta</li> </ul>				
		D. O Respuesta				
			GO			
		Questions Remaining Bookmarks		Bookmark This Question		

#### **Remotely Proctored Knowledge Exam Option**

You will have the option to take the knowledge exam with a remote proctor from home, etc.

#### **REMOTELY PROCTORED KNOWLEDGE EXAM CANDIDATE REQUIREMENTS**

Candidates must have:

- An updated version of Google Chrome as your Internet browser.
  - TMU© does not support Internet Explorer.
- A reliable Internet (Wi-Fi) connection.
- A personal computer, tablet, or laptop to log in to TMU© to access the knowledge exam.
- Your Email or Username and Password to take the remotely proctored TMU© Knowledge exam. The remote Proctor will give you a 'code' to start your test.
- A smartphone to access the 'video conferencing app' (for example, Zoom) that you **must download**.
  - An email will be sent to you and in your notifications (in your TMU© account) with information about the 'video conferencing app' (for example, Zoom, etc.) you will need to download <u>before</u> test day.

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## Tennessee Nurse Aide Candidate Handbook

- The night before your scheduled remotely proctored knowledge exam, you will receive an email, along with a notification in your TMU© account, containing a reminder with a password-protected link to join the test event.
- During your test, your smartphone must be positioned so that the remote Proctor can clearly see you, your keyboard, mouse (if used), and the entire screen of your computer/tablet/laptop.
- You may not use a video filter such as a background or blurring your screen.
- **IMPORTANT NOTE:** On testing day, you <u>will not be allowed to receive any assistance with your setup</u> from anyone in your environment (room/area).
- You must be **alone (by yourself during the entire time while testing)** in a quiet, isolated, secured room/area free of distractions, interruptions, and any other people, children, or pets.
- Along with showing the remote Proctor your surroundings/entire room during check-in, the remote Proctor may also ask you to show your room/entire surroundings at any time during your test.
- If you have selected the Audio version of the knowledge exam, you will provide your own <u>wired</u> earbuds or headphones, which you must show to the remote proctor at check-in. **Earbuds or headphones cannot be Bluetooth-connected devices.** 
  - The questions are neutrally read to you and will be heard through wired headphones or earbuds plugged into the computer.
  - When taking an Audio exam, the audio control buttons will be displayed on the computer screen, enabling you to play, rewind, or pause questions as needed.
- Only the first 87 questions will be read orally on the audio version of the Knowledge Exam. The remaining questions must be answered without audio assistance to assess English reading comprehension.
- Failure to adhere to any of these remote testing conditions will require the remote Proctor to stop your test, which will be scored as a failed attempt.

#### SCHEDULE A REMOTELY PROCTORED KNOWLEDGE EXAM

You will need to sign in to your TMU© account using your Username or Email and Password and follow the instructions in this handbook's 'Schedule / Reschedule a Test Event' section. Please ensure you have met the 'Remotely Proctored Knowledge Exam Candidate Requirements' above before scheduling a remotely proctored knowledge exam.

- The test site location for a remotely proctored knowledge exam will be the '**Remotely Proctored Knowledge Exam**.'
- Once scheduled, a test confirmation will be sent via email and/or text, and a notification will be generated in your TMU© account for you to view (see this handbook's 'Test Confirmation Letter' and the 'Check/View your Notifications' sections for information to access your test confirmation.)
- Instructions and a link to download the video conferencing app (for example, Zoom) will be emailed to you, along with the meeting ID and Password for the remotely proctored knowledge event you are scheduled for, and in your notifications.
  - Remember to check your 'Notifications' under your profile picture in your TMU account for this information. Please refer to the 'Check/View your Notifications' section.

Please call D&SDT-HEADMASTER at (877) 201-0758 if you have any questions, concerns, or need assistance scheduling a remotely proctored knowledge exam.



See the screenshots showing an example of what a notification regarding your remotely proctored knowledge exam will entail below:

VITH SI	ELECTED: 🏳 Mark Unread 🛛 🖂 Mar	k as Read 🛛 🔞 Send to Trash	Clear All Notification
	TITLE SENT	MESSAGE	
	Remotely Proctored Test Knowledge Test © 13 hours ago Zoom Link	The 'video conferencing app' being used (i.e.; Zoom) will be shown in this notification with other detailed information.	(VIEW)
	Remotely Proctored Test Knowledge Test © 13 hours ago Information	Your Remotely Proctored Knowledge Exam Information will be shown in this notification with detailed information.	VIEW
	Home > Inbox > View Notification Remotely Proctored Test Zoom Link	© 13 hours ago	VIEW
		that you will see when you click VIEW: The 'video conferencing app' being Zoom) will be shown in this notification with other detailed information.	VIEW

#### **REMOTELY PROCTORED KNOWLEDGE EXAM INSTRUCTIONS**

It is important that you read the Remotely Proctored Knowledge Exam Instructions before signing in to your remotely proctored knowledge exam. Please see the instructions for the Remotely Proctored Knowledge Exam under 'Access the Candidate Handbook and Testing Instructions'.

#### REMOTELY PROCTORED KNOWLEDGE EXAM CHECK-IN

You must be signed in to the remotely proctored exam link (for example, Zoom, etc., waiting room) **at least 10 minutes before** the start time listed on your test confirmation for the check-in process with the remote test proctor. If you are not signed into the remotely proctored exam waiting room <u>at least 10 minutes</u> before the time listed on your test confirmation, you will not be allowed to test, will be considered a no-show, and forfeit your testing fees paid. You will also be required to pay for another test date.

- You must show the remote proctor your mandatory form of identification at check-in before starting your remotely proctored knowledge exam. Please refer to the 'Identification' section for details.
- You must show your surroundings/entire room to the remote Proctor during check-in before starting your remotely proctored knowledge exam.
  - Along with showing the remote Proctor your surroundings/entire room during check-in, the remote Proctor may also ask you to show your room/entire surroundings at any time during your test.
- Then, you must position your smartphone so the remote Proctor can clearly see you, your keyboard, mouse (if used), and the entire screen of your computer/tablet/laptop.
  - You may not use a video filter, such as a background or blurring your screen.
- **NOTE:** On testing day, you <u>will not be allowed to receive any assistance with your setup</u> from anyone in your environment (room/area).
- Failure to adhere to any of these remote testing conditions will require the remote Proctor to stop your test, which will be scored as a failed attempt.



#### **REMOTELY PROCTORED KNOWLEDGE EXAM POLICIES**

All 'Testing Policies' and 'Security' measures are followed during the remotely proctored knowledge exam. Please refer to those sections for information.

- On testing day, you will not be allowed to receive any assistance with your setup from anyone in your environment (room/area). If someone else is in the room with you, the remote Proctor will remove you from the meeting, and you will be considered a no-show status. You will forfeit any testing fees paid and must repay to schedule a new test.
- You must be **alone (by yourself during the entire time while testing)** in a quiet, isolated, secured room/area free of distractions, interruptions, and any other people, children, or pets.
- Along with showing the remote Proctor your surroundings/entire room during check-in, the remote Proctor may also ask you to show your room/entire surroundings at any time during your test.
- During your test, your smartphone must be positioned so that the remote Proctor can clearly see you, your keyboard, mouse (if used), and the entire screen of your computer/tablet/laptop.
  - You may not use a video filter such as a background or blurring your screen
- The 'video conferencing app' (for example, Zoom, etc.) link must be maintained during the entire knowledge exam.
  - If the 'video conferencing app' (for example, Zoom, etc.) connection is lost, you must immediately reconnect, or you will be disconnected from the test event by the remote Proctor, and your test will be scored as a failed attempt.
- Your device must <u>not be muted</u> during testing so that the remote Proctor can hear if there are any distractions or other interruptions during your test. **REMEMBER:** You need to test in an isolated, secured/room area that is distraction and interruption-free, just like you would if you were sitting in the knowledge test room at a test site.
- If the remote Proctor has any inclination that you are cheating or not following instructions, your test will be ended and scored as a failed attempt.
- Please see the information on remotely proctored testing issues under the 'No-Show Exceptions' section.
- If needed, you may do math calculations on scratch paper or with a basic calculator. Before starting your exam, you will be asked to show both sides of the scratch paper and the basic calculator to the remote Proctor.
  - At the end of your exam, you will be asked to show both sides of the scratch paper and the calculator to the remote Proctor *again*. You will then be instructed to tear up the scratch paper in view of the remote Proctor and to mute your phone before doing so.
    - Published foreign word-for-word translation dictionaries <u>are allowed</u>. Electronic dictionaries or nonapproved language translators *are not allowed*. Dictionaries that contain definitions or handwritten notes *will not be allowed*. You must show your published word-for-word translation dictionary to the remote Proctor during check-in at your test event.
- If you have requested an audio version of the Knowledge Exam, you will need to have wired earbuds or headphones (Bluetooth-connected devices are not permitted) that plug into the computer.
  - The questions are neutrally read to you and will be heard through wired headphones or earbuds plugged into the computer.



- When taking an Audio exam, the audio control buttons will be displayed on the computer screen, enabling you to play, rewind, or pause questions as needed.
- Only the first 87 questions will be read orally on the audio version of the Knowledge Exam. The remaining questions must be answered without audio assistance to assess English reading comprehension

Failure to adhere to any of these remote testing conditions/policies will require the remote Proctor to stop your test, which will be scored as a failed attempt.

#### **Knowledge Practice Test**

D&SDT-Headmaster offers a free knowledge test question of the day and a ten-question online static practice test on our website at <u>hdmaster.com</u>. Candidates may also purchase complete, randomly generated practice tests based on the state test plan. A mastery learning testing method is used; each practice test will be unique. Candidates must get the question they are attempting correct before proceeding to the next question. A first-attempt percentage score and vocabulary feedback are supplied upon completion of any practice test. A list of vocabulary words to study is provided at the end of each practice test. Single or discounted group purchase plans are available for the practice test.

**NOTE:** Make sure you select **<u>TENNESSEE</u>** from the drop-down list.

On-Line CNA	Des Diversified Technologies LLP Headmaster LLP	Order CNA/STNA Practice Exam(s)	SSL Secured Transaction We MUST have your name to provide service.
Practice Exams (BELOW)	First Middle Last Address City ST 7/p Email Address	Reset Fields Help	Please Note: These practice exams are only evailable on- line. You will not receive a copy of the exam, nor will you be able to print out the
NOW AVAILABLE Med Aide Practice Exams! (BELOW)	Which let? (National Nurse Ade v How Knay) (Kentucky Nutli user A) Massachunetts NA under and Machinesota Manesota begin anothi Markana and Manesota	e individual to be oble to use the assigned group pin number. You will only be issued group pin number, will give an individual access to a unique exam.	Exp. Date
Order an individual practice test or set up a group testing account.	L have read Novada 2 and will abide by the terms and on Novada New Hampshire Now Jorsey	vollium Deenis, in statium, s accept that these practice same are only analysis and a met all out to	

The following is a sample of the kinds of questions that you will find on the Knowledge/Audio exam:

#### 1. Clean linens that touch the floor should be:

- (A) Picked up quickly and placed back on the clean linen cart
- (B) Used immediately on the next resident's bed
- (C) Considered dirty and placed in the soiled linen hamper
- (D) Used only in the room with the floor the linen fell on

#### 2. When you are communicating with residents, you need to remember to:

- (A) Face the resident and make eye contact
- (B) Speak rapidly and loudly
- (C) Look away when they make direct eye contact
- (D) Finish all their sentences for them

#### 3. A resident's psychological needs:

- (A) Should be given minor consideration
- (B) Make the resident withdrawn and secretive
- (C) Are nurtured by doing everything for the resident
- (D) Are nurtured when residents are treated like individuals

ANSWERS: 1-C | 2-A | 3-D



# The Manual Skill Test

- The Skill Test evaluates your performance when demonstrating Tennessee-approved nurse aide skill scenarios (tasks). You will find a complete list of skill tasks in this handbook.
- You will be asked to present your ID that you showed the RN Test Observer at check-in.
- Be sure you understand all instructions you read while in the waiting area before beginning your skill task demonstrations. You may not ask questions once the Skill Test begins and the timer starts. Once the Skill Test begins, the RN Test Observer may not answer questions.
- Your skill test will be scenario-based. Listen carefully to each scenario as it is read to you by the RN Test Observer. The computer randomly selects scenarios. The scenarios will direct you to demonstrate one or more of the tasks listed in this handbook. Each set of scenarios that make up your skill test will have the same overall difficulty, making each unique skill test equivalent.
- You will be allowed a maximum of **thirty-five (35) minutes** to complete your Skill Test. After 20 minutes, you will be alerted that 15 minutes remain.
- Listen carefully to all instructions given by the RN Test Observer. You may request to have any of the scenarios repeated **at any time** during your Skill Test up until you run out of time or tell the RN Test Observer that you are finished with your skill task demonstrations.
- You must correctly perform all **key** steps (in bold font) and 80% of all non-key steps on each task assigned to pass the Skill Test.
- If you believe you made a mistake while performing a task, say so.
  - You will need to demonstrate the step or steps on the task you believe you performed incorrectly for the correction to be noted for the step.
- You may repeat or correct **any step** or **steps** on any task you believe you have performed incorrectly at **any time** during your allotted thirty-five (35) minutes or until you tell the RN Test Observer you are finished with the Skill Test.
- The skill task steps are generally not order-dependent unless the words BEFORE or AFTER are used in a step.
- When you finish each demonstration, verbally tell the RN Test Observer you are finished and move to the designated "relaxation area." When the RN Test Observer and actor have set up and are ready for your next demonstration, the RN Test Observer will read the scenario for your next task.
- All steps must be demonstrated. Steps that are only verbalized WILL NOT COUNT.
  - <u>Exception</u>: Some steps in certain scenarios require you to verbalize while demonstrating.



#### Skill Test Recording Form

If your skill test includes a skill scenario that requires recording a count or measurement, the RN test observer will provide a recording form similar to the one displayed on the next page. You are required to sign the recording form during the equipment/supplies demonstration.

#### Recording Form:

Candidate's Name:	
PLEASE PRINT	
PULSE: beats RESPIRATIONS:	_breaths
URINARY OUTPUT: ml	
BLOOD PRESSURE:/	_mmHg
GLASS 1:	
GLASS 2:	
TOTAL FLUID INTAKE: ml FOOD INTAKE:	%
Candidate's Signature:	

#### **Skill Test Scenarios**

You will be assigned one of the following four scenarios with embedded hand washing using soap and water as your first mandatory scenario:

- Assist a Resident with a Bedpan, Measure and Record Output with required Hand Washing
- Catheter Care for a Male Resident with required Hand Washing [DEMONSTRATED ON A MANIKIN]
- Perineal Care for a Female Resident with required Hand Washing [DEMONSTRATED ON A MANIKIN]
- Put on an Isolation Gown and Gloves, Empty a Urinary Drainage Bag, Measure and Record Output, Remove the Gown and Gloves with required Hand Washing

You will also receive an additional two (2) or three (3) randomly selected scenarios from the skill task scenario listing below. The scenarios will direct you to demonstrate one or more of the tasks listed in this handbook. Each set of scenarios that make up your skill test will have the same overall difficulty, making each unique skill test equivalent. The TMU© skill test assignment algorithm randomly assigns scenarios. These selected scenarios will make up your personalized skill test.

#### **Skill Tasks Listing**

To receive credit, you must perform every step and demonstrate it during your skill test demonstration.

The steps listed for each scenario are required for a nurse aide candidate to successfully demonstrate minimum proficiency in the skill task for the RN Test Observer. For all but two tasks, the steps will be performed on a live resident actor; the 'catheter care for a male resident' and 'perineal care for a female resident' scenarios will be demonstrated on a manikin.



You will be scored only on the steps listed. You must score 80% on each scenario without missing key steps (the **Bolded** steps) to pass the skill component of your competency evaluation. If you fail the Skill Test, one of the scenarios on your retest will be a scenario you previously failed. There will always be one of the first mandatory scenarios to start each Skill Test. The other scenarios included on your Skill Test are randomly chosen so that every Skill Test is comparable in difficulty and average time to complete.

The RN Test Observer will observe your demonstrations of the skill scenarios and record what they observe you doing. D&SDT-Headmaster scoring teams will officially score and double-check your test.

**Note:** The skill scenario steps included in this handbook are provided as guidelines to help prepare candidates for the Tennessee nurse aide skill test. These steps are not intended to serve as an all-inclusive guide to best care practices in a real-world work setting.

## Ambulate a Resident with a Gait Belt

- 1) Knock on the door.
- 2) Perform hand hygiene.
  - a. Cover all surfaces of the hands with hand sanitizer.
  - b. Rub your hands together until they are completely dry.
- 3) Explain the procedure to be performed to the resident.
- 4) Obtain a gait belt.
- 5) Lock bed brakes <u>BEFORE transferring</u> to ensure the resident's safety.
- 6) Lock wheelchair brakes to ensure the resident's safety.
- 7) Bring the resident to a sitting position and place a gait belt around the waist to stabilize the trunk. Tighten the gait belt. Check the gait belt by slipping fingers between the gait belt and the resident.
- 8) Adjust the bed height to ensure the resident's feet are flat on the floor when sitting on the edge of the bed.
- 9) Assist the resident in putting on non-skid footwear.
- 10) Bring the resident to a standing position.
- 11) With one hand grasping the gait belt and the other stabilizing the resident by holding the forearm, shoulder, or using another appropriate method, ambulate the resident at least ten steps to the wheelchair.
- 12) Assist the resident in pivoting/turning and sitting in the wheelchair in a controlled manner that ensures safety.
- 13) Use proper body mechanics at all times.
- 14) Remove gait belt.
- 15) Maintain respectful, courteous interpersonal interactions at all times.
- 16) Place the call light or signaling device within easy reach of the resident.
- 17) Perform hand hygiene.
  - a. Cover all surfaces of hands with hand sanitizer.
  - b. Rub your hands together until they are completely dry.

#### Ambulate a Resident with a Walker

- 1) Knock on the door.
- 2) Perform hand hygiene.
  - a. Cover all surfaces of hands with hand sanitizer.
  - b. Rub your hands together until they are completely dry.
- 3) Explain the procedure to be performed to the resident.



- 4) Lock bed brakes <u>BEFORE transferring</u> to ensure the resident's safety.
- 5) Lock wheelchair brakes to ensure the resident's safety.
- 6) Bring the resident to a sitting position.
- 7) Adjust the bed height to ensure the resident's feet are flat on the floor when sitting on the edge of the bed.
- 8) Assist the resident in putting on non-skid footwear.
- 9) Position the walker correctly.
- 10) Assist the resident to stand. Ensure the resident has stabilized the walker.
- 11) Position yourself behind and slightly to the side of the resident.
- 12) Safely ambulate the resident at least ten steps to the wheelchair.
- 13) Assist the resident in pivoting/turning, and sitting in the wheelchair in a controlled manner that ensures.
- 14) Uses proper body mechanics at all times.
- 15) Maintain respectful, courteous interpersonal interactions at all times.
- 16) Place the call light or signaling device within easy reach of the resident.
- 17) Perform hand hygiene.
  - a. Cover all surfaces of hands with hand sanitizer.
  - b. Rub your hands together until they are completely dry.

#### Assist a Resident with a Bedpan, Measure and Record Output with Hand Washing

#### (ONE OF THE POSSIBLE MANDATORY FIRST SCENARIOS)

- 1) Knock on the door.
- 2) Perform hand hygiene.
  - a. Cover all surfaces of hands with hand sanitizer.
  - b. Rub your hands together until they are completely dry.
- 3) Explain the procedure to be performed to the resident.
- 4) Provide privacy for the resident pull the curtain.
- 5) Put on gloves.
- 6) Position the resident on the bedpan correctly (it is not upside down and is centered) and safely using correct body mechanics.
- 7) Raise the head of the bed to a comfortable level.
- Leave the call light or signaling device and tissue within reach of the resident. The candidate indicates they are providing privacy by stepping behind the privacy curtain. When signaled by the RN Test Observer, the candidate returns.
- 9) Gently remove the bedpan and hold while the RN Test Observer adds an unknown quantity of fluid.
- 10) Do not place the bedpan on the floor, the over-bed table, or the bedside table at any time during the demonstration.
- 11) Place the graduate on the designated level, flat surface.
- 12) Empty urine from the bedpan into the graduate.
- 13) With the graduate at eye level on the previously designated flat surface, measure output.
- 14) Empty equipment used in the designated toilet/commode. Rinse and dry equipment. Return equipment to storage.
- 15) Remove gloves by turning them inside out as they are removed and dispose of them in the appropriate container.
- 16) Wash/assist the resident in washing hands with soap and water.
- 17) Rinse/assist the resident in rinsing hands with water or a wet washcloth.
- 18) Dry/assist resident to dry hands.



- 19) Record output in ml on the previously signed recording form.
- 20) The candidate's measured output reading is within 30mls of the RN Test Observer's pre-measured output reading.
- 21) Maintain respectful, courteous interpersonal interactions at all times.
- 22) Place the call light or signaling device within easy reach of the resident.
- 23) Wash hands: Turn on water.
- 24) Wet hands.
- 25) Apply soap to hands.
- 26) Rub hands together using friction with soap.
- 27) Scrub/wash hands together with soap for at least twenty (20) seconds.
- 28) Scrub/wash with interlaced fingers pointing downward with soap.
- 29) Wash all surfaces of hands and wrists with soap.
- 30) Rinse hands thoroughly under running water with fingers pointing downward.
- 31) Dry hands with a clean paper towel(s).
- 32) Turn off the faucet with a paper towel as a barrier.
- 33) Discard paper towel(s) to trash container as used.
- 34) Do not re-contaminate by touching the sink with bare hands at any time during the hand-washing procedure or the faucet after washing hands. (Turning off the faucet with a paper towel(s) and then drying your hands with the same paper towel(s) is considered recontamination.)

#### Bed Bath (PARTIAL) for a Resident- Whole Face and One Arm, Hand and Underarm

- 1) Knocks on the door.
- 2) Perform hand hygiene.
  - a. Cover all surfaces of hands with hand sanitizer.
  - b. Rub your hands together until they are completely dry.
- 3) Explain the procedure to be performed to the resident.
- 4) Provide privacy for the resident pull the curtain.
- 5) Raise the bed to a height between mid-thigh and waist level.
- 6) Cover the resident with a bath blanket or clean sheet.
- 7) Fold the top linens to the bottom of the bed or place them aside.
- 8) Remove the resident's gown without exposing the resident and place the soiled gown in the designated laundry hamper.
- 9) Fill a basin with comfortably warm water and place it on an over-bed table or bedside stand.
- 10) Wash the resident's face WITHOUT SOAP.
- 11) Dry the resident's face
- 12) Place a towel under the resident's arm. Only expose one arm.
- 13) Wash the resident's arm, hand, and underarm using soap and water.
- 14) Rinse the resident's arm, hand, and underarm.
- 15) Dry the resident's arm, hand, and underarm.
- 16) Assist the resident in putting on a clean gown.
- 17) Place the soiled linen in a designated laundry hamper.
- 18) Empty, rinse, and dry the equipment, then return it to storage.



- 19) Lower bed.
- 20) Maintain respectful, courteous interpersonal interactions at all times.
- 21) Place the call light or signaling device within easy reach of the resident.
- 22) Perform hand hygiene.
  - a. Cover all surfaces of hands with hand sanitizer.
  - b. Rub your hands together until they are completely dry.

#### Catheter Care for a Male Resident with Hand Washing

(ONE OF THE POSSIBLE MANDATORY FIRST SCENARIOS) | DEMONSTRATED ON A MANIKIN

- 1) Knock on the door.
- 2) Perform hand hygiene.
  - a. Cover all surfaces of hands with hand sanitizer.
  - b. Rub your hands together until they are completely dry.
- 3) Explain the procedure to be performed to the resident.
- 4) Provide privacy for the resident pull the curtain.
- 5) Fill a basin with comfortably warm water and place the basin on an over-bed table or bedside stand.
- 6) Cover the resident with a bath blanket or clean sheet to maintain privacy.
- 7) Gather supplies and prepare the area.
- 8) Put on gloves.
- Verbalize and physically check that urine can flow unrestricted into the drainage bag with no signs of leakage.
- 10) Use soap and water to carefully wash around the catheter where it exits the urethra.
- 11) Hold the catheter at the urethra to prevent tugging on the catheter, and clean 3-4 inches away from the urethra down the drainage tube.
- 12) Clean with strokes only away from the urethra, using a clean portion of the washcloth with each stroke.
- 13) Using a clean washcloth, rinse using strokes away from the urethra. Use a clean portion of the washcloth with each stroke.
- 14) Pat dry with a clean towel or washcloth.
- 15) Do not allow the tube to be pulled at any time during the procedure.
- 16) Replace the top cover over the resident and remove the bath blanket or sheet.
- 17) Place soiled linen in the designated laundry hamper.
- 18) Leave the resident in a position of safety and comfort.
- 19) Empty, rinse, and dry the equipment, then return it to storage.
- 20) Remove gloves, turning them inside out as you remove them, and dispose of them in the appropriate container.
- 21) Maintain respectful, courteous interpersonal interactions at all times.
- 22) Place the call light or signaling device within easy reach of the resident.
- 23) Wash hands: Turn on water.
- 24) Wet hands.
- 25) Apply soap to hands.
- 26) Rub hands together using friction with soap.
- 27) Scrub/wash hands together with soap for at least twenty (20) seconds.
- 28) Scrub/wash with interlaced fingers pointing downward with soap.
- 29) Wash all surfaces of hands and wrists with soap.
- 30) Rinse hands thoroughly under running water with fingers pointing downward.
- 31) Dry hands with a clean paper towel(s).



- 32) Turn off the faucet with a paper towel as a barrier.
- 33) Discard paper towel(s) to trash container as used.
- **34)** Do not re-contaminate by touching the sink with bare hands at any time during the hand-washing procedure or the faucet after washing hands. (*Turning off the faucet with a paper towel(s) and then drying your hands with the same paper towel(s) is considered recontamination.*)

#### Denture Care (Clean an Upper or Lower Denture)

(only one plate is used for testing)

- 1) Knock on the door.
- 2) Perform hand hygiene.
  - a. Cover all surfaces of hands with hand sanitizer.
  - b. Rub your hands together until they are completely dry.
- 3) Explain the procedure to be performed to the resident.
- 4) Place a protective lining, such as a cloth towel or washcloth, in the sink.
- 5) Put on gloves.
- 6) Gather supplies and prepare the area.
- 7) Remove the denture from the cup.
- 8) Handle the denture carefully to avoid damage.
- 9) Rinse the denture cup.
- 10) Apply cleaning solution.
- 11) Thoroughly brush the denture, including the inner, outer, and chewing surfaces of the denture. (Toothettes may be utilized instead of a toothbrush if all the surfaces listed are cleaned.)
- 12) Rinse the denture using clean, cool water.
- 13) Place the denture in the rinsed cup.
- 14) Add cool, clean water to the denture cup.
- 15) Rinse and dry the equipment, then return it to storage.
- 16) Discard the protective lining in an appropriate container.
- 17) Remove gloves by turning them inside out as you remove them, and dispose of them in an appropriate container.
- 18) Maintain respectful, courteous interpersonal interactions at all times.
- 19) Place the call light or signaling device within easy reach of the resident.
- 20) Perform hand hygiene.
  - a. Cover all surfaces of hands with hand sanitizer.
  - b. Rub your hands together until they are completely dry.

## Dress a Dependent Resident in their Bed

- 1) Knock on the door.
- 2) Perform hand hygiene.
  - a. Cover all surfaces of hands with hand sanitizer.
  - b. Rub your hands together until they are completely dry.
- 3) Explain the procedure to be performed to the resident.
- 4) Provide privacy for the resident pull the curtain.
- 5) Raise the bed to a level between mid-thigh and waist level.
- 6) Keep the resident covered while removing the gown.
- 7) Remove the gown.



- 8) Dress the resident in a button-up shirt. Insert your hand through the shirt sleeve and grasp the resident's hand.
- 9) When dressing the resident in a button-up shirt, always dress from the affected (weak) side first.
- 10) Assist the resident to raise their buttocks or turn the resident from side to side and draw the pants over the buttocks and up to the resident's waist.
- 11) When dressing the resident in pants, always dress from the affected (weak) side leg first.
- 12) When putting on the resident's socks, draw the socks up the resident's foot until they are smooth.
- 13) Leave the resident comfortably and properly dressed (pants pulled up to waist front and back and shirt completely buttoned).
- 14) Place the used gown in a designated laundry hamper.
- 15) Lower bed.
- 16) Maintain respectful, courteous interpersonal interactions at all times.
- 17) Place the call light or signaling device within easy reach of the resident.
- 18) Perform hand hygiene.
  - a. Cover all surfaces of hands with hand sanitizer.
  - b. Rub your hands together until they are completely dry.

## Feed a Dependent Resident in Bed

- 1) Knock on the door.
- 2) Perform hand hygiene.
  - a. Cover all surfaces of hands with hand sanitizer.
  - b. Rub your hands together until they are completely dry.
- 3) Explain the procedure to be performed to the resident.
- 4) Look at the diet card and verbally confirm that the resident has received the correct tray.
- 5) Position the resident in an upright position. At least 45 degrees.
- 6) Protect clothing from soiling using a napkin, clothing protector, or towel.
- **7) Provide hand hygiene for the resident BEFORE feeding.** (You may use a disposable wipe and dispose of it in a trash can, wash the resident's hands with soap and a wet washcloth, or rub hand sanitizer over all surfaces of the resident's hands until they are dry.)
- 8) Ensure the resident's hands are dry *BEFORE* feeding. (If a wet washcloth with soap was used, dry the resident's hands. If a disposable wipe or hand sanitizer were used, ensure the resident's hands are dry.)
- 9) Sit down in a chair facing the resident while you feed them.
- 10) Describe the foods being offered to the resident.
- 11) Offer fluid frequently from each glass.
- 12) Offer food in small amounts at a reasonable rate, allowing the resident time to chew and swallow.
- 13) Wipe the resident's hands at least once during the meal.
- 14) Wipe the resident's face at least once during the meal.
- 15) Place soiled linen in a designated laundry hamper or dispose of it in an appropriate container.
- 16) Leave the resident clean and in a position of comfort.
- 17) Record intake in the percentage of total solid food eaten on the previously signed recording form.
- 18) The candidate's recorded consumed food intake is within 25 percentage points of the RN Test Observer's recorded food intake.
- 19) Record estimated intake in ml as the sum total fluid consumed from the two glasses in ml on the previously signed recording form.
- 20) The candidate's recorded sum total consumed fluid intake is within 30mls of the RN Test Observer's recorded fluid intake.



- 21) Maintain respectful, courteous interpersonal interactions at all times.
- 22) Place the call light or signaling device within easy reach of the resident.
- 23) Perform hand hygiene.
  - a. Cover all surfaces of hands with hand sanitizer.
  - b. Rub your hands together until they are completely dry.

## Make an Occupied Bed

- 1) Knock on the door.
- 2) Perform hand hygiene.
  - a. Cover all surfaces of hands with hand sanitizer.
  - b. Rub your hands together until they are completely dry.
- 3) Gather the linen and transport it correctly, avoiding contact with your uniform.
- 4) Place clean linen over the back of the chair, drape over the foot of the bed, or on the over-bed table.
- 5) Explain the procedure to be performed to the resident.
- 6) Provide privacy for the resident pull the curtain.
- 7) Raise the bed to between mid-thigh and waist level.
- 8) The resident is to remain covered at all times.
- 9) Assist the resident in turning onto their side away from the candidate toward the center of the bed.
- 10) Roll or fan-fold soiled linen, soiled side inside, to the center of the bed.
- 11) Place the clean bottom sheet along the center of the bed. Roll or fan-fold the linen against the resident's back, and then unfold the remaining half of the clean bottom sheet.
- 12) Secure two fitted corners.
- 13) Assist the resident to roll onto their side over the clean bottom linen.
- 14) Remove soiled linen without shaking and place it in a designated laundry hamper.
- 15) Avoid placing soiled linen on the over-bed table, chair, or floor.
- 16) Avoid touching linen to your uniform.
- 17) Pull the clean bottom linen through and smooth it out, leaving it tight and wrinkle-free.
- 18) Secure the other two fitted corners.
- 19) Place the resident on their back.
- 20) Ensure that the resident never touches the bare mattress at any time during the procedure.
- 21) Place clean top linen, such as a blanket or bedspread, over the covered resident.
- 22) Smooth out the clean top linen, leaving it centered and wrinkle-free.
- 23) Remove used linen, keeping the resident unexposed at all times.
- 24) Place soiled linen in a designated laundry hamper.
- 25) Ensure the sheet and top linen do not constrict the resident's feet.
- 26) Apply a clean pillowcase with zippers and/or tags to the inside.
- 27) Gently assist the resident in raising their head while replacing the pillow.
- 28) Physically check to ensure the resident is in correct body alignment.
- 29) Lower bed.
- 30) Maintain respectful, courteous interpersonal interactions at all times.
- 31) Place the call light or signaling device within easy reach of the resident.
- 32) Perform hand hygiene.
  - a. Cover all surfaces of hands with hand sanitizer.
  - b. Rub your hands together until they are completely dry.



#### Mouth Care—Brush a Resident's Teeth

- 1) Knock on the door.
- 2) Perform hand hygiene.
  - a. Cover all surfaces of hands with hand sanitizer.
  - b. Rub your hands together until they are completely dry.
- 3) Explain the procedure to be performed to the resident.
- 4) Provide privacy for the resident pull the curtain.
- 5) Drape the resident's chest with a towel to prevent soiling.
- 6) Put on gloves *AFTER* gathering supplies and preparing the area.
- 7) Wet the toothbrush (toothettes may be utilized) and apply a small amount of oral cleaning solution.
- 8) Brush the resident's teeth, including the inner, outer, and chewing surfaces of all upper and lower teeth.
- 9) Brush the resident's tongue.
- 10) Assist the resident in rinsing their mouth.
- 11) Wipe the resident's mouth, remove soiled linen, and place it in a designated laundry hamper.
- **12)** Empty container. (The container may be an emesis basin or a disposable cup.)
- 13) Rinse and dry the emesis basin or discard disposable items in the appropriate container.
- 14) Rinse the toothbrush or dispose of the toothette in the appropriate container.
- 15) Return equipment to storage.
- 16) Remove gloves by turning them inside out as you remove them, and dispose of them in the designated container.
- 17) Leave the resident in a position of comfort.
- 18) Maintain respectful, courteous interpersonal interactions at all times.
- 19) Place the call light or signaling device within easy reach of the resident.
- 20) Perform hand hygiene.
  - a. Cover all surfaces of hands with hand sanitizer.
  - b. Rub your hands together until they are completely dry.

#### Mouth Care for a Comatose Resident

- 1) Knock on the door.
- 2) Perform hand hygiene.
  - a. Cover all surfaces of hands with hand sanitizer.
  - b. Rub your hands together until they are completely dry.
- 3) Explain the procedure to be performed to the resident.
- 4) Provide privacy for the resident pull the curtain.
- 5) Position the resident in a semi-Fowler's position with the resident's head turned well to one side, or position the resident on their side as appropriate to avoid choking or aspiration.
- 6) Drape the resident's chest/bed as needed to protect it from soiling.
- 7) Put on gloves *AFTER* gathering supplies and preparing the area.
- 8) Apply a small amount of oral cleaning solution to a swab(s).
- 9) Gently and thoroughly clean all upper and lower teeth inner, outer, and chewing surfaces.
- 10) Gently and thoroughly clean the gums.
- 11) Gently and thoroughly clean the resident's tongue.
- 12) Clean/wipe the resident's mouth area.
- 13) Leave the resident in a position of safety and good body alignment.



- 14) Rinse, dry, and return equipment to storage. Discard disposable items in a designated container. Place soiled linen in a designated laundry hamper.
- 15) Remove gloves by turning them inside out as you remove them, and dispose of them in the designated container.
- 16) Maintain respectful, courteous interpersonal interactions at all times.
- 17) Place the call light or signaling device within easy reach of the resident.
- 18) Perform hand hygiene.
  - a. Cover all surfaces of hands with hand sanitizer.
  - b. Rub your hands together until they are completely dry.

## Nail Care for a Resident's Hand

- 1) Knocks on the door.
- 2) Perform hand hygiene.
  - a. Cover all surfaces of hands with hand sanitizer.
  - b. Rub your hands together until they are completely dry.
- 3) Explain the procedure to be performed to the resident.
- 4) Immerse the resident's nails in comfortably warm water and soak for at least five (5) minutes. (Verbalize to soak nails for at least five minutes.)
- 5) Dry the resident's hand thoroughly, specifically dry between the resident's fingers.
- 6) Gently clean under the resident's nails with an orange stick.
- 7) Gently push the resident's cuticles back with an orange stick.
- 8) File each of the resident's fingernails.
- 9) Rinse and dry the equipment, then return it to storage. Place soiled linen in a designated laundry hamper.
- 10) Maintain respectful, courteous interpersonal interactions at all times.
- 11) Place the call light or signaling device within easy reach of the resident.
- 12) Perform hand hygiene.
  - a. Cover all surfaces of hands with hand sanitizer.
  - b. Rub your hands together until they are completely dry.

## Perineal Care for a Female Resident with Hand Washing

(ONE OF THE POSSIBLE MANDATORY FIRST SCENARIOS) | DEMONSTRATED ON A MANIKIN

- 1) Knock on the door.
- 2) Perform hand hygiene.
  - a. Cover all surfaces of hands with hand sanitizer.
  - b. Rub your hands together until they are completely dry.
- 3) Explain the procedure to be performed to the resident/manikin.
- 4) Provide privacy for the resident pull the curtain.
- 5) Raise the bed to between mid-thigh and waist level.
- 6) Fill a basin with comfortably warm water and place it on the over-bed table or bedside stand.
- 7) Prepare the area and gather supplies.
- 8) Place a bath blanket or clean sheet over the resident.
- 9) Put on gloves.
- 10) Expose the resident's perineum only.
- 11) Verbalize separating the resident's labia while physically separating the labia.
- 12) Use water and a soapy washcloth (peri-wash and no-rinse soaps are not allowed).



- **13)** Clean both sides of the labia from front to back using a clean portion of a washcloth with each single stroke.
- 14) Clean the middle of the labia from front to back using a clean portion of a washcloth for each single stroke.
- 15) Rinse both sides of the labia from front to back.
- 16) Rinse the middle of the labia from front to back.
- 17) Use a clean portion of a washcloth with each single stroke.
- 18) Pat dry.
- 19) Cover the exposed area with the bath blanket or clean sheet.
- 20) Assist the resident (manikin) in turning onto their side away from the candidate toward the center of the bed.
  - a. RN Test Observer may help hold the manikin on their side ONLY after the candidate has turned the manikin.
- 21) Use a clean washcloth with water and soap (peri-wash and no-rinse soaps are not allowed).
- 22) Clean the rectal area from the vagina to the rectum with single strokes using a clean portion of a washcloth with each single stroke.
- 23) Use a clean washcloth with water.
- 24) Rinse the rectal area from front to back using a clean portion of the washcloth with each single stroke.
- 25) Pat dry.
- 26) Position the resident (manikin) on its back.
- 27) Place soiled linen in a designated laundry hamper.
- 28) Empty, rinse, dry, and return equipment to storage.
- 29) Remove gloves by turning them inside out as you remove them, and dispose of them in an appropriate container.
- 30) Lower bed.
- 31) Maintain respectful, courteous interpersonal interactions at all times.
- 32) Place the call light or signaling device within easy reach of the resident.
- 33) Wash hands: Turn on water.
- 34) Wet hands.
- 35) Apply soap to hands.
- 36) Rub hands together using friction with soap.
- 37) Scrub/wash hands together with soap for at least twenty (20) seconds.
- 38) Scrub/wash with interlaced fingers pointing downward with soap.
- 39) Wash all surfaces of hands and wrists with soap.
- 40) Rinse hands thoroughly under running water with fingers pointing downward.
- 41) Dry hands with a clean paper towel(s).
- 42) Turn off the faucet with a paper towel as a barrier.
- 43) Discard paper towel(s) to trash container as used.
- **44)** Do not re-contaminate by touching the sink with bare hands at any time during the hand-washing procedure or the faucet after washing hands. (*Turning off the faucet with a paper towel(s) and then drying your hands with the same paper towel(s) is considered recontamination.*)



## <u>Pivot Transfer a Weight-Bearing, Non-Ambulatory Resident from their Bed to a Wheelchair</u> using a Gait Belt

- 1) Knock on the door.
- 2) Perform hand hygiene.
  - a. Cover all surfaces of hands with hand sanitizer.
  - b. Rub your hands together until they are completely dry.
- 3) Explain the procedure to be performed to the resident.
- 4) Obtain a gait belt.
- 5) Lock bed brakes <u>BEFORE transferring</u> to ensure the resident's safety.
- 6) Assist the resident to a sitting position.
- 7) Adjust the bed height to ensure the resident's feet are flat on the floor when sitting on the edge of the bed.
- 8) Assist the resident in putting on non-skid footwear.
- 9) Position the wheelchair arm or wheel so that it touches the side of the bed.

#### 10) Lock wheelchair brakes to ensure the resident's safety.

- 11) Place a gait belt around the resident's waist to stabilize the trunk.
- 12) Tighten the gait belt.
- 13) Check the gait belt for tightness by slipping fingers between the gait belt and the resident.
- 14) Face the resident.
- 15) Grasp the gait belt with both hands.
- 16) Bring the resident to a standing position using proper body mechanics.
- 17) Assist the resident in pivoting/turning in a controlled manner that ensures safety.
- 18) Sit the resident in the wheelchair in a controlled manner that ensures safety.
- 19) Remove the gait belt.
- 20) Maintain respectful, courteous interpersonal interactions at all times.
- 21) Place the call light or signaling device within easy reach of the resident.
- 22) Perform hand hygiene.
  - a. Cover all surfaces of hands with hand sanitizer.
  - b. Rub your hands together until they are completely dry.

## Position a Resident on their Side in their Bed

- 1) Knock on the door.
- 2) Perform hand hygiene.
  - a. Cover all surfaces of hands with hand sanitizer.
  - b. Rub your hands together until they are completely dry.
- 3) Explain the procedure to be performed to the resident and how the resident may help.
- 4) Provide privacy for the resident pull the curtain.
- 5) Position the bed flat.
- 6) Raise the bed height to between mid-thigh and waist level.
- 7) From the working side of the bed, gently move the resident's upper body toward yourself.
- 8) From the working side of the bed, gently move the resident's hips toward yourself.
- 9) From the working side of the bed, gently move the resident's legs toward yourself.
- 10) Gently assist/turn the resident on their side. (The correct side read to you by the RN Test Observer).
- 11) Ensure that the pillow never obstructs the resident's face.
- 12) Ensure that the resident is not lying on their downside arm.



- 13) Place support devices under the resident's head.
- 14) Place support devices under the resident's upside arm.
- 15) Place support devices behind the resident's back.
- 16) Place support devices between the resident's knees.

#### 17) Do not cause any discomfort or pain at any time during the procedure.

- 18) Lower bed.
- 19) Maintain respectful, courteous interpersonal interactions at all times.
- 20) Place the call light or signaling device within easy reach of the resident.
- 21) Perform hand hygiene.
  - a. Cover all surfaces of hands with hand sanitizer.
  - b. Rub your hands together until they are completely dry.

# Put on an Isolation Gown and Gloves, Empty a Urinary Drainage Bag, Measure and Record the Output, Remove the Gown and Gloves with Hand Washing

(ONE OF THE POSSIBLE MANDATORY FIRST SCENARIOS)

- 1) Perform hand hygiene.
  - a. Cover all surfaces of hands with hand sanitizer.
  - b. Rub your hands together until they are completely dry.
- 2) Apply the gown with the opening in the back.
- 3) Place your arms through each sleeve.
- 4) Fasten the neck opening behind the neck.
- 5) Secure the waist, making sure the back flaps cover the clothing as completely as possible.
- 6) Put on gloves overlapping the gown sleeves at the wrist.
- 7) Knock on the door.
- 8) Explain the procedure to be performed to the resident.
- 9) Provide privacy for the resident pull the curtain.
- **10)** Place a clean barrier on the floor under the drainage bag. (paper towel or linen)
- 11) Place the graduate on the previously placed barrier. Open the drain to allow the urine to flow into the graduate until the bag is empty.
- 12) Avoid touching the graduate or urine in the graduate with the tip of the tubing. Close the drain.
- 13) Wipe the drain with an uncontaminated antiseptic wipe.
- 14) Place the graduate on the designated level, flat surface, and at eye level, and measure output.
- 15) Empty the graduate into the designated toilet/commode. Rinse and dry equipment. Return equipment to storage.
- 16) Place the barrier in an appropriate container.
- 17) Leave the resident in a position of comfort and safety.
- 18) Record the output in ml on the previously signed recording form.
- 19) The candidate's recorded measured output reading is within 25mls of the RN Test Observer's output reading.
- 20) Maintain respectful, courteous interpersonal interactions at all times.
- 21) Place the call light or signaling device within easy reach of the resident.
- 22) Remove gloves BEFORE removing the gown, turning them inside out as they are removed.
- 23) Dispose of the gloves in the designated container.
- 24) Unfasten the gown at the neck AFTER the gloves have been removed.
- 25) Unfasten the gown at the waist AFTER the gloves have been removed.



- 26) Remove the gown by folding the soiled area to the soiled area.
- 27) Place the gown in a designated container.
- 28) Wash hands: Turn on water.
- 29) Wet hands.
- 30) Apply soap to hands.
- 31) Rub hands together using friction with soap.
- 32) Scrub/wash hands together with soap for at least twenty (20) seconds.
- 33) Scrub/wash with interlaced fingers pointing downward with soap.
- 34) Wash all surfaces of hands and wrists with soap.
- 35) Rinse hands thoroughly under running water with fingers pointing downward.
- 36) Dry hands with a clean paper towel(s).
- 37) Turn off the faucet with a paper towel as a barrier.
- 38) Discard the paper towel(s) to the trash container as used.
- 39) Do not re-contaminate by touching the sink with bare hands at any time during the hand-washing procedure or the faucet after washing hands. (Turning off the faucet with a paper towel(s) and then drying your hands with the same paper towel(s) is considered recontamination.)

#### Range of Motion Exercises for a Resident's Hip and Knee

- 1) Knock on the door.
- 2) Perform hand hygiene.
  - a. Cover all surfaces of hands with hand sanitizer.
  - b. Rub your hands together until they are completely dry.
- 3) Explain the procedure to be performed to the resident.
- 4) Provide privacy for the resident pull the curtain.
- 5) Raise the bed height to between mid-thigh and waist level.
- 6) Position the resident supine (bed flat).
- 7) Correctly support the resident's joints at all times by placing one hand under the resident's knee and the other hand under the resident's ankle.
- 8) Move the entire leg away from the body.
- 9) Move the entire leg back toward the body.
- 10) Complete abduction and adduction of the hip at least three times.
- 11) Continue to support the resident's joints correctly by placing one hand under the resident's knee and the other hand under the resident's ankle.
- 12) Bend the resident's knee and hip toward the resident's trunk.
- 13) Straighten the resident's knee and hip.
- 14) Complete flexion and extension of the resident's knee and hip at least three times.
- 15) Do not force any joint beyond the point of free movement.
- 16) The candidate must ask the resident at least once during the ROM exercise if there is/was any discomfort/pain. Do not cause discomfort or pain at any time during ROM.
- 17) Leave the resident in good body alignment.
- 18) Lower bed.
- 19) Maintain respectful, courteous interpersonal interactions at all times.
- 20) Place the call light or signaling device within easy reach of the resident.
- 21) Perform hand hygiene.
  - a. Cover all surfaces of hands with hand sanitizer.
  - b. Rub your hands together until they are completely dry.



#### **Range of Motion Exercises for a Resident's Shoulder**

- 1) Knock on the door.
- 2) Perform hand hygiene.
  - a. Cover all surfaces of hands with hand sanitizer.
  - b. Rub your hands together until they are completely dry.
- 3) Explain the procedure to be performed to the resident.
- 4) Provide privacy for the resident pull the curtain.
- 5) Raise the bed height to between mid-thigh and waist level.
- 6) Position the resident supine (bed flat) on their back.
- 7) Support the resident's joints correctly by placing one hand under the resident's elbow and the other hand under the resident's wrist.
- 8) Raise the resident's arm up and over the resident's head.
- 9) Bring the resident's arm back down to the resident's side.
- 10) Complete flexion and extension of the resident's shoulder at least three times.
- 11) Continue to support the resident's joints correctly by placing one hand under the resident's elbow and the other hand under the resident's wrist.
- 12) Move the resident's entire arm out away from the body.
- 13) Return the resident's arm to the middle of the resident's body.
- 14) Complete abduction and adduction of the resident's shoulder at least three times.
- 15) Do not force any joint beyond the point of free movement.
- 16) The candidate must ask at least once during the ROM exercise if there is any discomfort/pain. Do not cause any discomfort or pain at any time during the ROM.
- 17) Leave the resident in good body alignment.
- 18) Lower bed.
- 19) Maintain respectful, courteous interpersonal interactions at all times.
- 20) Place the call light or signaling device within easy reach of the resident.
- 21) Perform hand hygiene.
  - a. Cover all surfaces of hands with hand sanitizer.
  - b. Rub your hands together until they are completely dry.

#### Vital Signs: Count and Record a Resident's Pulse and Respirations

- 1) Knock on the door.
- 2) Perform hand hygiene.
  - a. Cover all surfaces of hands with hand sanitizer.
  - b. Rub your hands together until they are completely dry.
- 3) Explain the procedure to be performed to the resident.
- 4) Locate the radial pulse by placing your fingertips on the thumb side of the resident's wrist.
- 5) <u>VERBALIZE START AND</u> count the resident's <u>pulse</u> for a full 60 seconds <u>AND THEN VERBALIZE STOP</u>, and <u>record the</u> <u>pulse rate</u> on the previously signed recording form.
  - *a.* You must tell the RN Test Observer when you start counting and tell them when you stop counting.
- 6) The candidate's recorded pulse rate is within four (4) beats of the RN Test Observer's recorded pulse rate.
- 7) <u>VERBALIZE START AND</u> count the resident's <u>respirations</u> for a full 60 seconds <u>AND THEN VERBALIZE STOP</u>, and <u>record the respirations</u> on the previously signed recording form.
  - a. You must tell the RN Test Observer when you start counting and tell them when you stop counting.



- 8) The candidate's recorded respiratory rate is within two (2) breaths of the RN Test Observer's recorded respiratory rate.
- 9) Maintain respectful, courteous interpersonal interactions at all times.
- 10) Place the call light or signaling device within easy reach of the resident.
- 11) Perform hand hygiene.
  - a. Cover all surfaces of hands with hand sanitizer.
  - b. Rub your hands together until they are completely dry.

#### Vital Signs: Take and Record a Resident's Blood Pressure

- 1) Knock on the door.
- 2) Perform hand hygiene.
  - a. Cover all surfaces of hands with hand sanitizer.
  - b. Rub your hands together until they are completely dry.
- 3) Explain the procedure to be performed to the resident.
- 4) Provide privacy for the resident pull the curtain.
- 5) Position the resident with the forearm relaxed and supported in a palm-up position approximately at the level of the heart.
- 6) Roll the resident's sleeve about five (5) inches above the elbow.
- 7) Apply the appropriate size cuff correctly around the upper arm just above the elbow.
- 8) Clean the stethoscope's earpieces appropriately and place them in your ears.
- 9) Place the stethoscope over the resident's brachial artery.
- 10) Hold the stethoscope snugly in place.
- 11) Inflate the cuff until 30 mmHg above the average systolic rate provided by the RN Test Observer.
- 12) Slowly release air from the cuff until the pulsations disappear. Remove cuff.
- 13) Record reading on the previously signed recording form.
- 14) The candidate's recorded systolic blood pressure is within eight (8) mmHg of the RN Test Observer's recorded systolic blood pressure.
- 15) The candidate's recorded diastolic blood pressure is within eight (8) mmHg of the RN Test Observer's recorded diastolic blood pressure.
- 16) Maintain respectful, courteous interpersonal interactions at all times.
- 17) Place the call light or signaling device within easy reach of the resident.
- 18) Perform hand hygiene.
  - a. Cover all surfaces of hands with hand sanitizer.
  - b. Rub your hands together until they are completely dry.



# Knowledge Exam Vocabulary List

abandonment abdominal thrust abductor wedge abduction
abductor wedge abduction
abduction
abnormal vital signs
absorption
abuse
accidents
activity
acute
adaptive
adaptive devices
adaptive equipment
adduction
ADLs
admission
admitting residents
advance directives
afebrile
affected side
aging process
agitation
AIDS
alarms
alternating pressure mattress
Alzheimer's
ambulate with assistance
ambulation
ambulatory resident
amputees
anatomy
anger
angina
angina pectoris

antibioticsanti-embolic stockingantisepsisanxietyaphasiaaphasiaapical pulseapneaappropriate responsearteriesarthritisasepticassaultassistive deviceattitudesattitudesavoiding fallsaxillary temperatureback strainbasic nursing skillsbasic skincarebash water temperaturebathingbed positionbed railsbed railsbed rails	· · · · · · · · · · · · · · · · · · ·
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bed bath bed cradle bed height bed making bed position bed rails	bath water temperature
bed cradle bed height bed making bed position bed rails	bathing
bed height bed making bed position bed rails	bed bath
bed making bed position bed rails	bed cradle
bed position bed rails	bed height
bed rails	bed making
	bed position
bed rest	bed rails
	bed rest

bed sore
behavior
behavioral care plan
beliefs
biohazard bag
bladder training
blindness
blood pressure
bodily fluids
body alignment
body mechanics
body system
body temperature
bowel and bladder programs
bowel movements
BP
bradycardia
brain stem
break time
breathing
burnout
burns
call light
cancer
cardiac arrest
cardiopulmonary resuscitation
cardiovascular system
care impaired
care plan
cast
cataracts
catheter
catheter care
ccs in an ounce



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central nervous system
cerebral vascular accident
chain of command
chain of infection
charge nurse
chemical restraint
chemical safety
chemotherapy
CHF
choking
chronic
circulatory system
clarification
cleaning spills
clear liquid diet
clergy
cognitively impaired
cold application
cold compress
colostomy
colostomy bag
colostomy care
coma
comatose resident
combative resident
comfort care
communicable
communication
compensation
compression
conduct
confidentiality
conflict resolution
confused resident
congestive heart failure

	constipation
1	constrict
	contact isolation
	contamination
	contracture
	converting measures
	COPD
	coping mechanisms
	coughing excessively
	CPR
	cueing
	CVA
1	cyanotic
	data collection
]	death and dying
	decubitus ulcer
	deeper tissue
	defamation
	dehydration
	delegation
	delirium
	dementia
	denial
	dentures
	depression
	dermatitis
	development
	developmental disability
	diabetes
	diabetic
]	dialysis
	diarrhea
	diastolic
]	diet
	dietitian
1	

digestion
digestive system
dilate
discharging resident
disease process
disinfectants
disinfection
disoriented
disoriented resident
disposing of contaminated materials
disrespect
dizziness
DNR
documentation
domestic abuse
draw/lift
dressing resident
droplet precautions
drowsy
drug tolerance
dry skin
dysphagia
dyspnea
dysuria
edema
elastic stockings
elderly
electrical equipment
elevate head
elimination
emergency situation
emesis
emesis basin
emotional abuse



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emotional needs
emotional stress
emotional support
empathetic
empathy
emphysema
end of life care
enema
epilepsy
ethical code
ethical issues
ethics
evacuation
expressive aphasia
eyeglasses
facility policy
falls
false imprisonment
fasting
faulty equipment
fecal impaction
feces
feeding
feeding resident
feeding tube
financial abuse
fingernail care
fire
fire safety
fire safety procedures
first aid
flatus
flexed
flexion
fluid intake

-	catheter
foot c	are
Fowle	r's position
fractu	res
fraud	
frayed	d cord
free fr	rom disease
freque	ent urination
gait be	elt
gastri	c feedings
gastro	ostomy tube
geriat	rics
germ	transmission
geron	tology
gestur	res
gifts	
gloves	5
grand	mal seizure
grievi	ng process
group	settings
group HAI	
1	settings
HAI hair ca	settings
HAI hair ca halluc	are
HAI hair ca halluc hand t	settings are ination
HAI hair ca halluc hand	are ination tremors
HAI hair ca halluc hand hand	are ination tremors washing
HAI hair ca halluc hand hand	are ination tremors washing dous substance n-care team
HAI hair ca halluc hand t hand t hazaro	are ination tremors washing dous substance h-care team
HAI hair ca halluc hand hard hazaro health hearir hearir	are ination tremors washing dous substance h-care team
HAI hair ca halluc hand hand hazaro health hearir hearir	are ination tremors washing dous substance n-care team ng ng aid
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HAI hair ca halluc hand hand haard hearir hearir hearir hearir	settings are ination tremors washing dous substance n-care team ng ng aid ng impaired ng loss
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hepatitis B
НІРАА
HIV
hormones
hospice
hospice care
hydration
hyperglycemia
hypertension
hyperventilation
hypoglycemia
I&O (input and output)
immobility
immune
impairment
in-house transfer
in-service programs
incontinence
indwelling catheter
infection
infection control
infection prevention
infectious disease
initial observations
input and output
insomnia
insulin
intake
intake and output
integumentary system
intermediate care facility
interpersonal skills
isolation
isolation precautions
jaundice



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job description
job interview
kidney failure
laxatives
life support
lift/draw sheets
linen
listening
log rolling
loose teeth
low sodium diet
making occupied bed
manipulative behavior
mask
Maslow's
masturbation
material safety data sheets
MDS
mealtime
measuring height
measuring temperature
mechanical lift
mechanical soft diet
medical asepsis
medical record
medications
memory loss
mental health
mentally impaired
metastasis
microorganisms
milliliters
minerals
misappropriation

mobility			
mouth care			
moving			
-			
moving a resident MSDS			
mucous membrane			
Multiple Sclerosis			
musculoskeletal			
musculoskeletal system			
myocardial infarction			
nail care			
nasal cannula			
neglect			
negligence			
new resident			
non-contagious disease			
nonverbal communication			
nosocomial			
nosocomial infection			
NPO			
nurse's station			
nursing assistant behavior			
nursing assistant's role			
nutrition			
nutritional status			
objective			
objective data			
OBRA			
observation			
official records			
ombudsman			
open-ended questions			
oral care			
oral hygiene			
oral temperature			
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orientation		
oriented		
osteoporosis		
ostomy bag		
output		
over-bed table		
oxygen		
oxygen therapy		
pain		
palliative care		
paralysis		
paranoia		
Parkinson's partial assistance		
		passive
passive range of motion		
pathogens		
patience		
pediculosis		
perineal care		
peripheral vascular disease		
peristalsis		
personal belongings		
personal care		
personal items		
personal possessions		
personal protective equipment		
personal stress		
personal values		
pet therapy		
phantom pain		
phone etiquette		
physical needs		
physical therapist		
physician's authority		



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plaque	
podiatrist	
policy book	
positioning	
positioning resident	
positive attitude	
postmortem care	
post-operative pneumonia	
postural supports	
PPE (personal protective equipment)	
pressure sore	
pressure ulcers	
preventing falls	
preventing injury	
privacy	
professional boundaries	
progressive	
projection	
pronation	
prone	
prostate gland	
prosthesis	
prosthetic	
protective equipment	
psychological needs	
psychosis	
psychosocial	
pulse	
QID	
quadriplegia	
quality of life	
radial	
ramps	
range of motion	
rationalization	

reality orientation receptive aphasia rectal rectal temperature refusal regulation religious service reminiscence therapy reminiscing renewal reporting abnormal changes reporting abuse reporting observations reposition reposition residents resident abuse resident centered care resident identification
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resident centered care resident identification
resident identification
resident independence
resident pain
resident pictures
resident rights
resident treatment
resident unit
Resident's Bill of Rights
resident's chart
resident's environment
resident's families
respectful treatment
respirations
respiratory condition
respiratory system

responding to resident behavior		
responsibility		
restorative		
restorative care		
restrained resident		
restraints		
resuscitation		
right to equal care		
right to refuse care		
rights		
rigidity		
risk factor		
roles and responsibilities		
rotation		
safety saliva		
		scabies
scale		
seclusion		
security		
seizure		
self-actualization		
self-esteem		
semi-Fowlers		
sensory system		
sexual expression		
sexual harassment		
sexual needs		
sexuality		
Sharp's container		
shaving		
shaving resident		
shearing of skin		
side rails		



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Sim's position
skin breakdown
skin integrity
slander
smoking
social needs
social well being
social worker
soiled linen
specimen
spills
spiritual needs
sputum test
standard/universal precautions
STAT
state survey
stealing
sterile
sterilization
stethoscope
stomach
stool specimen
stress
stroke
strong side
subjective
subjective data
substance abuse
suicide
sundowning
supine
supplemental feedings
suprapubic
survey
suspected abuse

swallowing		
swelling		
systolic		
tachycardia		
telephone etiquette		
temperature		
tendons		
terminal illness		
thermometers		
thickened liquids		
threatening resident		
tips		
toenails		
toileting schedule		
trachea		
transfers		
transporting		
transporting food		
treating residents with respect		
tub bath		
tub bath tube feeding		
tube feeding		
tube feeding twice daily		
tube feeding twice daily tympanic		
tube feeding twice daily tympanic tympanic temperature		
tube feeding twice daily tympanic tympanic temperature unaffected		
tube feeding twice daily tympanic tympanic temperature unaffected unaffected side		
tube feeding twice daily tympanic tympanic temperature unaffected unaffected side unconscious		
tube feeding twice daily tympanic tympanic temperature unaffected unaffected side unconscious unconscious resident		
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